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SPRING 2010



EVERY POSSIBILITY BEGINS WITH THE COURAGE TO IMAGINE."

MARYANNE RADMACHER



Cover image photography by Diana Stager

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Around the Congregation

In Memoriam

riende dear SISTERS OF BON SECOURS

I am honored to have been chosen as the leader for the United States and to be a part of the congregation team. I spent my first several months preparing for our assembly in March, where we put the team together and watched our new governance model truly come alive. The sisters at this assembly had the opportunity to talk together and determine among themselves the size of the team and if the team should be elected or appointed by the leader from a list of names the sisters nominated. After a true discernment process, it was decided that I would select a team of two from a pool of names. I am very pleased to announce that Past President Sr. Anne Marie Mack and Director of Vocations Sr. Pat Dowling will be the team for the United States, with Sr. Anne Marie serving as assistant leader and Sr. Pat as secretary/treasurer. It was gratifying to see the openness everyone brought to the decision-making process and a willingness to do things in a new way. I also want to thank everyone for their support and help as I transitioned into my new role as leader.

In my other role as a member of the congregation team, we have started to meet by conference call and in person and have established a good sense of team as we start working together. We are all responsible for the entire Congregation, not just our own countries; we have responsibility for what is going on in every country. The congregation team is focusing on how we are going to implement the new mission focus statement that was approved at the chapter this past fall and will be the guiding light for the Congregation during the next five years. We have shared this important statement with you in this issue of FOCUS. I want to take this opportunity to congratulate our jubilarians, who you will read about in this issue. Celebrating their 60th jubilees are Sr. Mary Ellen Wagner and Sr. Kathleen Moroney, and celebrating their 50th jubilees are Sr. Nancy Glynn, Sr. Anne Lutz and Sr. Peggy Mathewson. I speak for all of the sisters when I say we are grateful for how much these women have contributed to the Congregation over the years. And taking the next step on her journey with the Sisters of Bon Secours, we congratulate Sr. Bernadette Claps on having taken her first vows.

Special kudos to Sr. Rita Thomas, who in June will receive the Catholic Health Association's Lifetime Achievement Award. This prestigious award reflects the many contributions Sr. Rita has made to our health care ministry over the years and, specifically, the impact she has made in providing health care services to the people of Virginia.

In keeping with our global focus, we are pleased to share with you some of the projects we are involved with in Peru; how we contributed to the Haiti Relief efforts; and a little about some of the activities of our French sisters. It is indeed a busy and exciting time for our Congregation. We look toward the future with much hope and renewed energy for what lies ahead.

Peace,

Sr. Rose Marie Jasinski, leader Sisters of Bon Secours, U.S.A.



New Congregation STRUCTURE

This chart graphically depicts our new Congregation structure that eliminates Province boundaries and provides the opportunity for the sisters to share both resources throughout the Congregation and their concerns for each other. United States Leader Sr. Rose Marie Jasinski chaired the governance committee of the Congregation during the sisters' development of this new governance model.



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THE GENERAL CHAPTER **2009** Call the Congregation to this Mission Focus

COMMITMENT

We, Women of Healing, commit ourselves to defend and care for all of creation; to cry out with others against injustice and all that diminishes life on Earth.

CALLS

- 1. We call each Sister and community to:
 - internalize the Mission Focus Statement through personal prayer and reflection
 - become more informed and aware of ecological issues
 - demonstrate in her lifestyle respect and protection for all of creation
- 2. We call each Country and Country Team to:
 - create a plan of action addressing injustices consistent with the Mission Focus Statement and orientated to the defense of all of life
 - these actions will be performed in collaboration with others and shared at Country Assemblies
- **3.** We call on the Congregation Team to:
 - encourage all in the Congregation to embrace the UN Earth Charter and its implications
 - challenge the Congregation International Committees to align their action plan with the Mission Focus Statement
 - invite all of the countries to concretize the Mission Focus Statement, locally and globally
- 4. We call the International Peace and Justice Committee to:
 - create networks with others at all levels
 - prioritize key ecological issues
 - recommend to the Congregation plans for implementation

We pledge to motivate, support and invite each other to accountability as we individually and communally commit to live out the calls to action flowing from our Mission Focus Statement.

The General Chapter of 2009 affirms and recommits to all the Commitments and Calls in the Our Journey document of the General Chapters 1999 and 2004.

United States Team Named

Sr. Rose Marie Jasinski, leader, has named the following sisters to the United States team: Sr. Anne Marie Mack and Sr. Patricia A. Dowling.

Sr. Anne Marie Mack, assistant leader, was president of the Sisters of Bon Secours, U.S.A., from 1995–2003, after having served the Congregation in many roles over the years to include chairing a provincial general assembly. Following her tenure as president, she served as vice president for Mission at St. Mary's Hospital in Richmond, Va., and is currently senior vice president for Sponsorship for Bon Secours Richmond Health System.



Sr. Anne Marie is also currently president of UNANIMA International, a non-governmental organization comprised of 14 religious congregations that has membership status at the United Nations and works for social justice and the economic and social advancement of all people. Sr. Anne Marie spent much of her career in Michigan and held nursing positions in Bon Secours facilities in Grosse Point. Having served as a member on several Bon Secours Michigan boards and the Bon Secours Ministries board, she currently serves in Richmond as president of the board of Bon Secours Richmond Health System. She is a member of the boards of Bon Secours Joint Hospitals, Bon Secours Health Source, and Bon Secours Richmond Health Care Foundation. **Sr. Pat Dowling**, secretary/treasurer on the team, is currently director of Vocations for the United States, a role she has held since 2000. Sr. Pat has brought many innovative and creative ideas to her role and has used the Web and Internet communication tools to reach out to potential candidates. Prior to being named vocations director, she was director of the Bon Secours Women's Resource Center in Baltimore and served on the board of directors of Bon Secours Health System and Bon Secours of Maryland Foundation.

Over the years, Sr. Pat has had varied ministries ranging from serving the elderly in Michigan to developing and operating a health and dental clinic for the poor in Riobamba, Ecuador, and assisting women who are disadvantaged and marginalized in Baltimore.

She has also been active in the Congregation having chaired the ministry grant committee and cochaired a provincial general assembly. Sr. Pat is currently president of the Bon Secours of Maryland Foundation board and several of its subsidiary boards. She also is a member of the board of Bon Secours Ministries and Bon Secours Inc.



FROM OUR SISTERS IN FRANCE

ST. SULPICE IN SOLIDARITY

Thirty religious congregations from the 6th Borough of Paris came together on December 23 and 24 at the center of the "Christmas Village" in St. Sulpice Square in order to meet Parisians and help them put a face on religious life.

There were 340 women and men in education, social work, pastoral ministry, and health care at the service of the elderly, ministering in hospitality, counseling, or listening. The whole event was grounded in prayer, in the footsteps of the One who, on Christmas Day, is entering our humanity.

So many beautiful and genuine dialogues! So much warmth and proximity with the joys, pains and sufferings... around a cup of coffee or a hot chocolate! A book of intentions had been placed near the entrance of the tent, which would allow us to continue praying for all of those who came in our communities.

On Saturday, January 9, 2010, at the convent of the Little Sisters of the Poor, we again came together. About 50 of us gathered around a Galette des Rois, the cake eaten in France on Twelfth Night, to share what we had experienced during those two days. Mayor Lecocq and Ms. Lecocq, the originator of the event, came to spend these few hours with us. "St. Sulpice in Solidarity" has given us, religious men and women, an opportunity to get better acquainted and to live a moment of solidarity with the shopkeepers and the Parisians of our neighborhood.

- Sr. Ann Morrison Leader, France

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I CAME THAT YOU MIGHT HAVE LIFE AND LIFE IN ABUNDANCE

(JOHN 10:10)

60th Jubilee



Sr. Kathleen Moroney was born in County Limerick, Ireland, the second of four children. The Bon Secours Sisters were very much a part of her childhood as they came to her home weekly. In 1950, Sr. Kathleen entered the Sisters of Bon Secours in Cork, and in 1958 she professed Final Vows in Paris. Following her graduation from nursing school, she was assigned to Bon Secours Dublin Hospital. She also spent time in Cobh, Tralee and Mount Desert. Sr. Kathleen came to

Charleston, S.C., in 1993 and returned to Ireland in 1994. With a great desire to return to the United States, she began the process to become a member of the United States Province in 1995. She first served in Port Charlotte, Fla.

In 2007, she went to Greenville, S.C., and continued her chaplaincy ministry at Bon Secours St. Francis Eastside Hospital. Now retired, she has begun doing volunteer work three days per week, in addition to serving as a Eucharistic minister on Sundays to the patients at Eastside. "The patients like to know that there is a sister's presence at the hospital," says Sr. Kathleen. "I feel very fulfilled in my present ministry," says Sr. Kathleen. "I thank God every day for giving me the health and energy to continue God's work in me. I will continue on as long as God wants me to in my present ministry." Members of Sr. Kathleen's family, who live in Atlanta, recently traveled to Charleston, S.C., to spend time with her and celebrate her jubilee as they will be unable to be at the celebration in May. However, family members from Seattle and Massachusetts will attend her jubilee celebration.

Sr. Mary Ellen Wagner grew up in Cambridge, Ohio, with her parents, three sisters and a brother. While attending the College of Saint Teresa in Winona, Minn., she entered the Franciscan Sisters of Charity and made her profession. She went on to receive her bachelor's degree in home economics education and her master's in education. She became a certified chaplain in 1976. In 1987, Sr. Mary Ellen began the process of transfer to the Sisters of Bon Secours, and three



years later renewed her vows in the Congregation of the Sisters of Bon Secours.

She resided in Grosse Pointe, Mich., until recently when she relocated to the community in Marriottsville, Md. During her years in Michigan, Sr. Mary Ellen served as director of Spiritual Care at St. John-Bon Secours Nursing Home and Bon Secours Place Assisted Living Facility until her retirement. Well known for her retreat work with the elderly, Sr. Mary Ellen most recently was a volunteer, tutoring the students at Hanstein Elementary School. In 2008, she received an award in appreciation for her outstanding service as a tutor at the school.



50th Jubilees

Sr. Nancy Glynn entered the Sisters of Bon Secours on November 21, 1960, from Lawrence, Mass. A physical therapist when she entered, Sr. Nancy served in this ministry at various Bon Secours facilities in Methuen, Mass.; Philadelphia, Pa.; and Baltimore, Md. After pursuing studies in theology, she was asked to be director of Formation and then director of Bon Secours Spiritual Center with a ministry in retreat work and

spiritual direction. In 1987, she became director of Mission Effectiveness at

St. Mary's Hospital in Richmond, Va., a role which allowed her to combine her interest in health care and theology. For the next 12 years, she held mission and community outreach positions at St. Mary's Hospital, Bon Secours Baltimore Hospital and Bon Secours Richmond Community Hospital. In 1999, Sr. Nancy was elected congregation leader of the Sisters of Bon Secours and served in this capacity for 10 years at the Bon Secours Motherhouse in Paris, France. She returned to the U.S. in December 2009 and is presently enjoying a sabbatical year while residing at Marriottsville, Md.



Sr. Anne Lutz entered the Sisters of Bon Secours on November 21, 1960, from Darby, Pa. She is a graduate of the Bon Secours Hospital School of Nursing in Baltimore and the University of Detroit. During the past 50 years, she has served in various nursing and administrative capacities in Bon Secours facilities in Baltimore, Md., and Grosse Pointe, Mich. She also served in the administration of archdiocesan facilities in Darby, Pa. Presently, *Sr.* Anne is executive vice president of Sponsorship for Bon

Secours Health System and the treasurer of the Sisters of Bon Secours, U.S.A. She also serves as the assistant treasurer for the Congregation. She is a member of the board of directors of Bon Secours Ministries, Bon Secours Inc., Bon Secours Charity and Roper St. Francis.

Sr. Anne is privileged to serve the ministry and celebrate her golden jubilee as a sister of Bon Secours. She believes that the way in which Bon Secours continually strives to deliver quality health care is invaluable to those who would otherwise receive little help from society and not fully realize there is a God who loves them.

Sr. Margaret "Peggy" Mathewson was born the oldest of five children who lived in Woodlyn, Pa. After graduating from high school, she attended the Camillus School of Practical Nursing, in Darby, Pa., which was run by the Sisters of Bon Secours. While volunteering and working at St. Francis Nursing Home in Darby, she first met the Sisters of Bon Secours, whom she found friendly, kind and compassionate.



Entering the community as a nurse, Sr. Peggy became a registered nurse, serving in various nursing and supervisory capacities in Baltimore, Philadelphia and Michigan. After becoming a certified adult nurse practitioner, she served in various capacities in different states. While working with the Sisters of Mercy in Detroit, Mich., she developed a geriatric assessment center. She also has served as director of Marian Hall in Marriottsville; created a program at DePaul Hospital in Norfolk for elderly patients with dementia and Alzheimer's disease; and joined Long Term Care of Virginia in 2006, where she visits nursing homes, assisted living facilities and patients' homes.

"Since I entered the Sisters of Bon Secours, I wanted to be a nurse and make a difference in the lives of those I come in contact with," says Sr. Peggy. "Serving the sick and dying has been a wonderful life-giving experience for me. My prayer daily is that I remain faithful to that call from God to serve the sick, poor and dying. I am blessed to have this opportunity to serve the sick."

Come

the Sisters of BON, Secours

Single, Catholic women who want to explore the possibility of religious life: here's your opportunity to meet and talk with Sisters, receive input, have time for reflection on a vocation as a sister, and be with other women who are also exploring their call.

See

Upcoming 2010 Come & See Weekend Dates:

– June 25–28 – October 22–24

For more information about the Sisters of Bon Secours and Come & See weekends, visit www.bonsecoursvocations.org, e-mail cbsvocations@bshsi.org or call Sr. Pat Dowling at 1-877-742-0277.

VOCATION AND FORMATION NEWS

Sister Bernadette Claps Makes First Vows



Sr. Bernie, as she is affectionately called, made her first vows on November 7, 2009, in the chapel in Marriottsville. She says it was the happiest day of her life. "Becoming a sister of Bon Secours was a life-changing decision," says Sr. Bernie. "I realized this was my heart's desire and had been for a very long time. I feel that this is what God is calling me to do."

A native of New York, Sr. Bernie is a licensed clinical social worker. She worked as assistant division director





for Housing and Social Concerns for Catholic Charities in New Jersey before joining the Sisters of Bon Secours. Since 2006, when she came to live and work with the Sisters of Bon Secours, she has used her skills in several Bon Secours ministries in Baltimore including the Women's Resource Center, the dialysis unit

at Bon Secours Hospital, and the Bon Secours Senior Apartments. She describes her work as assisting individuals in claiming their dignity and becoming more self-sufficient and liberated. Currently, Sr. Bernie is senior services coordinator at Bon Secours Benet House and Bon Secours Smallwood-Summit, both

are senior housing facilities in Baltimore. In her role, she assists residents in accessing needed services so they can "age in place" and maintain their quality of life. In addition to this work, Sr. Bernie is also actively engaged in the ministry of spiritual direction.

Offering an Opportunity for Caring Sr. Carol Matches Volunteers with Hospital Needs

After three years of serving as coordinator of volunteer services at Bon Secours Charity's Good Samaritan Hospital in New York, *Sr. Carol Frawley* has taken on more responsibility as manager of the program. Overseeing 300 volunteers in areas throughout the hospital, Sr. Carol also recruits for volunteer opportunities. She interviews those interested in serving as a volunteer as well as those completing their volunteer experience to get a sense of any areas for improvement. In addition to serving on various committees, including the RSVP board (a government-run program comprised of retired citizens who volunteer at Good Samaritan), she also works with different organizations whose members serve as volunteers. "I work with organizations that serve individuals with disabilities and the office of aging," says Sr. Carol, who recently became a notary.

According to Sr. Carol., listening to the unique gifts and talents that each volunteer has to offer is critical to matching them with the hospital's needs. "Because Good Samaritan Hospital is open 24 hours a day, we have many needs throughout the organization, especially in the emergency department," says Sr. Carol. "When family members come in to see their loved ones, our volunteers are there to help provide that needed TLC, becoming liaisons between health care professionals, patients and their families."

For Sr. Carol, being a volunteer is all about bringing your heart. "It's not about your agenda, it's about the patients," says Sr. Carol. "You come because you want to help others. And the volunteer experience is a win-win-win. The Sisters of Bon Secours win because these volunteers are an extension of our mission, being the extra hands and hearts needed to care for those in need. The volunteers win because of the experience of serving others. And the patients win because they receive the extra care and attention they need." However, giving is not one sided for Sr. Carol,



whose open door policy serves to meet the needs of her volunteers. "I am a listening ear and an extended arm for those in need of hugs and support," comments Sr. Carol. "I care very much about each volunteer. Sometimes being there for them means putting eye drops in a volunteer's eye or opening my heart as they tell me about dealing with cancer, lost loved ones, unemployment woes, or family issues with children or grandchildren."

Opening her heart is not only part of living out her ministry as a Sister of Bon Secours, but also a way to touch the lives of those who continue the mission of Bon Secours through the volunteer program. Sr. Carol shared a recent letter from one of her volunteers, detailing the power of her experience as a Bon Secours volunteer at Good Samaritan and the relationship she formed with Sr. Carol:

> "You've given me another home to come to, where I'm greeted with bouquets of love from everyone around me. There have been times when I'm down in the dumps; now that I come to the hospital, I see that I'm not so bad off. I thank you for having faith in me. I will continue, with the grace of God, coming to do my little bit to help. Sister Carol, you are my friend, my sister, and I cherish our friendship."

If you are in the New York area and interested in a volunteer opportunity at Good Samaritan Hospital, please contact Sr. Carol by phone (845-368-5482), fax (845-368-5582), or e-mail (carol_frawley@bshsi.org).

EMPOWERING A COMMUNITY Sr. Anna Mae Crane Enables Residents to Improve their Neighborhood



The mission of the Sisters of Bon Secours is to provide "Good Help to Those in Need"," especially the sick, dying, elderly, poor and marginalized in our society. This mission permeates the organizations and individuals affiliated with the Sisters of Bon Secours, including Bon Secours Baltimore Health System. The health system, in partnership with local developers, created Bon Secours Apartments, 119 affordable apartments located next to Bon Secours Hospital in the

heart of Baltimore City. The majority of tenants living in these apartments earn less than 49 percent of the Baltimore area median income, and it is these people in need that *Sr. Anna Mae Crane* serves in her role as community organizer.

Last April, Sr. Anna Mae started working in the West Baltimore community. "The initial plan was to organize the tenants living in Bon Secours Apartments," says Sr. Anna Mae. "As I began talking to the residents and holding housing meetings during which residents can raise their concerns, I realized there were numerous issues that needed attention—from rats, trash, crime, drugs and noncompliant tenants in the area." Sr. Anna Mae started meeting every other week with tenants, police and surrounding neighbors to begin building relationships, having a dialogue about the issues the area needed to address, and formulating an action plan.

"We posted signs over the door saying 'No trespassing by order of Baltimore City Police,' as the surrounding area is well known as a drug area, and residents and police were concerned about suspects entering the building," says Sr. Anna Mae. In turn, the police unit provides Sr. Anna Mae with a report with all calls made to the area as well as written police reports. "Since we took this step, we have seen a drop in loitering in the area and evictions," explains Sr. Anna Mae. "These results have bolstered neighborhood action, as residents in blocks surrounding our apartments have contacted me to help them clean up some of their blocks as well."

Giving these inner-city residents a voice and helping them reclaim the safety and security of their neighborhoods is just one part of Sr. Anna Mae's ministry. "As an organizer, my goal is to work with residents to solve the issues that they identify, and, in doing so, I provide them with leadership training and the assistance to get the job done," says Sr. Anna Mae. "I feel I live out the mission of the Sisters of Bon Secours by meeting unmet needs and listening to the residents. Through our efforts, we are addressing social justice issues and educating the residents about relationships that foster respect, recognition and accountability. I also have a particular passion regarding the care of the most vulnerable, which include the children who also live in the area. I won't give up until things begin to be made right, and my goal is to continue to identify other concerned residents who want to take charge of their communities."

Sr. Rita Thomas Awarded CHA'S LIFETIME ACHIEVEMENT AWARD



We all congratulate *Sr. Rita Thomas*, who has been selected to receive the Catholic Health Association's Lifetime Achievement Award at CHA's annual meeting in June.

The lifetime achievement award recognizes how Sr. Rita inspired and mentored a significant number of people in Catholic health care during her career and her accomplishments to strengthen the health care ministry. Also, the award recognizes her as a respected leader in Catholic health care in her community and beyond, and how she demonstrated the commitments of her ministry to promote and defend human dignity, attend to the whole person, care for poor and vulnerable persons, promote the common good, act on behalf of justice, steward resources, and act in communion with the Church.

"This award is not about me personally," says Sr. Rita. "It is about ministry. It is about what God has accomplished through me. It is also very humbling because it seems so very little as I look back at what may have been lost opportunities to be of even greater service. Therefore, in accepting this award, I do so in the name of the Sisters of Bon Secours to honor their dedication and commitment to Catholic health care and to the leadership many of our sisters, the Bon Secours Health System, and our dedicated staff have provided."

In her many years as a sister of Bon Secours, Sr. Rita has influenced the lives of many people. She served as the Congregation's U.S.A. provincial as well as CEO and board president of several of Bon Secours Health System's local facilities.

Sr. Rita began her health care career as a registered professional nurse, where she held a number of staff and supervisory positions in both acute and long-term care settings. After earning a master's degree from Catholic University, she assisted in planning for the opening of St. Mary's Hospital in Richmond, Va., in 1966 and served as the first director of Nursing Services. When she assumed leadership of St. Mary's Hospital in 1967, she became the first female CEO ever to lead a Richmond hospital. After her leadership at St. Mary's, Sr. Rita was elected provincial of the United States province of the Sisters of Bon Secours in 1973. During her six-year tenure, she established the national position of health care coordinator. Sr. Rita convened all of the Bon Secours facility CEOs to form the Bon Secours Health Care Commission, laying the foundation for Bon Secours Health System today. In addition to serving on the Greenville, S.C., board for several years, she served as chairperson of the Bon Secours Health System board from 1994–96.

Sr. Rita came to Hampton Roads, Va., in 1983 to assist with the transition of Maryview Hospital from the Diocese of Richmond to Bon Secours Health System. She was instrumental in evolving Maryview into the regional health care center it is today and helping showcase Portsmouth as a true medical destination for all citizens of the area both military and civilian.

Having served as president of the Bon Secours Hampton Roads board for many years and having had the challenge of balancing charity care with financial responsibilities, she never lost sight of the mission of the Sisters of Bon Secours. She is known to always do the right thing and will never back down from the mission, no matter how good—or bad—it may be for business.

Sr. Rita has always been ahead of her time, is well respected, a great leader, and epitomizes staying young through community involvement and a deep compassionate caring about people, especially the people of Portsmouth.

Her good work extends beyond the borders of the United States. In 2006, she went to Peru to assist the Peruvian sisters of Bon Secours with new programs they had started in their health clinic and the expansion of their surgical capabilities.

Still very active in the community, Sr. Rita continues to be a great supporter through volunteerism and board membership with programs within Portsmouth. "Sr. Rita is still known as a dynamo, and some refer to her as 'energizer bunny," says Congregation Leader Sr. Pat Eck. "Retirement has not slowed her down one bit. She enjoys life and wants to keep on giving, and is affectionately called 'Little Rita' by the other sisters of Bon Secours. She is a great cook, loves her dogs, loves to dance and most importantly loves people. With a family history of longevity, we look forward to enjoying Sr. Rita for many years to come."

UNITED STATES CATHOLIC HEALTH SYSTEMS Join Forces to Reduce Childhood Mortality in Peru

Bon Secours Health System (BSHSI) and CHRISTUS Health are collaborating on an international initiative with the Catholic Medical Mission Board (CMMB), Caritas Peru, the Sisters of Bon Secours Peru, the ministry of the Sisters of Charity of the Incarnate Word in Chimbote, and in dialogue with the Ministry of Health Peru, and the Pan American Health Organization (PAHO). The goal is to decrease morbidity and mortality rates in three key areas of Peru: Chimbote, Huancayo and Trujillo. This sustainable, capacity-building effort, called Unidos Contra La Mortalidad Infantil (United Against Infant Mortality), will be a model for further expansion of the Catholic health care international medical outreach network.

Based on research done by PAHO, 25 percent of children under 5 in Peru suffer from chronic malnutrition. The leading causes of infant mortality—acute respiratory infections, diarrhea and malaria—all occur in the neonatal period and in children under 5. Maternal mortality was 185 per 100,000 live births.

"BSHSI is helping to fund this \$1.1 million project in Trujillo and Huancayo with a commitment of \$232,500 a year for three years at which time it is projected that the local health system will be able to sustain these life-saving efforts," says Congregation Leader Sr. Pat Eck. "Our Bon Secours sisters in Peru have long performed heartfelt and professional outreach to the suffering in Trujillo and Huancayo, but we have always wanted to do more. CMMB and Caritas have the know-how that will allow BSHSI and CHRISTUS Health to implement a project of this magnitude in a meaningful way and set a foundation for further expansion of our efforts in Peru and other developing countries." The funds BSHSI and CHRISTUS Health are providing to this project will help to enable:

- Home visits to pregnant mothers and all newborns, educating mothers on the importance of early intervention, recognizing illnesses, knowing when and where to seek timely care, methods of exclusive breastfeeding, and proper newborn care to prevent illnesses and mortality;
- Providing training in the Integrated Management of Neonatal and Childhood Illnesses (IMNCI), the proven platform being used to apply community-based strategies that is based on a World Health
 Organization/UNICEF Strategy program;
- Establishing systems of nutritional community surveillance in coordination with regional and national health systems;
- Building adequate referral systems;
- Improving quality care of children under 5 years of age; and
- Implementing supportive supervision to strengthen the quality of IMNCI activities.

Sr. Pat Eck, Rich Statuto and Sr. Rosemary Moynihan, S.C., director of Ecology and Global Ministries for BSHSI, were in Peru for the launch of this project, along with all the partners, the Diocese of Trujillo and representatives from Peru's Ministry of Health. Meetings with Peru's minister of Health and the director of PAHO were also held to further solidify program implementation plans.

Bon Secours Participates in Haiti Relief Efforts in Many Ways



Bon Secours Health System made an original contribution of \$50,000 to Haiti relief efforts that was shared between Catholic Relief Services (CRS) and the Catholic Medical Mission Board (CMMB). The Bon Secours employee and friends campaign then raised an additional \$140,000— \$5,000 of which came from the Sisters of Bon Secours in the United States and \$5,000 from the international

Congregation. All this money is being distributed to CRS and CMMB. Additionally, Bon Secours Virginia-Richmond raised \$58,311.

The health system also committed to match employee/friend contributions up to \$100,000. Therefore, the health system has added another \$100,000, which will go toward developing sustainable health programs in Haiti. In total, Bon Secours contributed more than \$350,000 to Haiti relief efforts, living out our mission to provide "Good Help to Those in Need"."

Not only was money donated by Bon Secours, but several Bon Secours Health System employees went to Haiti to offer medical relief help and to lend a hand. Here is just one of the many incredible stories they shared when they came home.

"This was my last and most precious patient—our little Haitian girl, 'Lenni.' The night before we left, I was in the clinic alone with one doctor and nurse, and we received a sudden call that an orphan who ran away from an abusive orphanage was gang raped by five men. Her father was killed in the earthquake and her mother escaped Haiti, leaving the children behind. Her little brother, who tried to protect her, was beaten and



his arm was broken. Lenni arrived in shock. We treated the children and roped the entire station off for their privacy and safety for the entire night. We took shifts, never leaving their sides. All their physical needs were cared for. When morning broke, Lenni woke up pre-dawn and saw that I had never left her side. She started to cry and silently whispered in my ear the same words over and over again. I picked her up and rocked her in my arms for hours till she cried herself back to sleep. When she woke, and I was still holding her, she again began to whisper in my ear. I finally got an interpreter and asked her what Lenni was saying. I was told by the interpreter, 'She says she is suffering. Her whole body and heart are suffering. Take the pain away.' I then started to cry with Lenni, and, through my tears, I spoke through the interpreter and promised her she is safe and loved, no one will hurt her again and the pain will go away. How will Lenni's story end? Our lead physician is working on adopting Lenni and bringing her to the states. But what about the hundreds of other Lennis?"

- Maria Gatto, director of Palliative Care for Bon Secours Health System

Maria truly demonstrated how she lives the mission of Bon Secours every day. We thank all the many other Bon Secours Health System employees from the Bon Secours Baltimore Health System, Bon Secours St. Francis Health System in Greenville, Bon Secours Virginia-Richmond and Hampton Roads, and Bon Secours Charity Health System in New York, who carried out the mission of the Sisters of Bon Secours by participating in relief efforts in Haiti.



Photography by Maria Gatto (pictured above second from right)

LIVING OUR MISSION

Charalee Fliehman has been with Bon Secours for 25 years. While currently serving as a surgery liaison at Our Lady of Bellefonte Hospital in Ashland, Ky., she has worked in numerous departments over the years including Home Health, Surgery Scheduling and Community Health Watch. In her current role, she helps explain the process to the family when a patient goes into surgery and helps the families by keeping them updated on their loved one's status while in surgery



and the recovery room. For her service to Bon Secours, Charalee was awarded a Dedicated Service Award in November 2009.

"The mission has inspired me and has given me opportunities to live the mission each day. The following verse appropriately describes the manner in which I approach my tasks: 'My life shall touch a dozen lives before this day is done, leave countless marks for good or ill ere sets the evening sun. This is the wish I always wish, the prayer I always pray: Lord, may my life help others' lives it touches by the way.' (Anonymous) The seeds the sisters have sown are still growing in the mission."



Patti McLeod has been a caregiver at Bon Secours Maria Manor Nursing and Rehabilitation Center in St. Petersburg, Fla., for the past eight years. She provides exceptional service and care for those living in the assisted living facility by helping them with activities and attending to their personal needs. This exemplary service was one of the reasons Patti received a Dedicated Service Award in November 2009.

"The sisters have created an environment that really allows me to get close to the residents and their families. You feel like you grow together, and the events that impact their lives impact yours. When they accomplish something, you say 'Good job!' And when they pass away, you feel like you've lost a family member. By being so close to the residents, we often see things that the families aren't able to and we pass that information on to the families; they appreciate that we are the extra eyes, ears and hands that provide loving care and a home-like feeling for their loved ones. The mission of the Sisters of Bon Secours has made me more sensitive to the needs of others and empathetic for the family members of our residents."

Roslyn M. Brock is the vice president, Advocacy and Government Relations, for Bon Secours Health System. In this role, she is responsible for advocating at the federal level on behalf of BSHSI's key health care policy priorities. One of these priorities includes passage of legislation for comprehensive health care insurance coverage for all Americans. Roslyn also was recently elected chair of the NAACP National Board of Directors, making history as the youngest ever and fourth woman to serve in that role.



"I am blessed to work in the ministry of the Sisters of Bon Secours that provides 'Good Help to Those in Need", especially to the elderly, children and others who are marginalized in society. While it is challenging work, it is also rewarding to advocate on behalf of those in our society in greatest need."

Debbie Jenkins is a licensed practical nurse who has served on Marian Hall for roughly 15 years. While she and the nursing staff provide the medical care needed based on each sister, Debbie's daily activities include administering medications, assisting with dressing and other daily living activities, and keeping the sisters company.

"For 20 years, I worked in a nursing home with 250 patients. I could never give the kind of care I am able to provide here at Marian Hall in that environment. You develop a caring and personal relationship with each of the Sisters; they make you comfortable, and you are able to give that back to them. Caring for them is so much more than just routinely giving them medications; we talk to each other about our families. It is like my second home. When I was out for two days because of surgery, the sisters called to make sure I was doing well. I enjoy coming here and am committed to being here."



Jen-Jyh Liu is the cantor and soloist at the Sunday Mass, held weekly at 11 a.m. in the chapel in Marriottsville. For the past eight years, she has sung at this Mass. In addition to selecting the music, she also greets those who come to Mass, providing a sense of celebration and community.

"I have always felt that singing is my mission. I have a gift, and I was taught that if you have a gift and don't share it—you lose it.

In giving of my time and talents, I also get so much in return. I experience friendship, love, respect, support and confidence. It is a mutual relationship. I recently received my Ph.D., and the sisters gave me a lot of help and support. I feel fulfilled, and I can see the joy that people get when we sing during Mass. During the years I have sung at the Marriottsville chapel, I have noticed that we have more people attending this Mass. As more people from the surrounding community come to celebrate Mass here, we have created a warm and welcoming environment."

SPREADING GOOD CHEER

Sr. Marie Lucille Dabbles in Hobbies that are Good for Body, Mind and Spirit



Sr. Marie Lucille Summers is no stranger to picking up hobbies that bring joy to others. When she was working in hospitals in Port Charlotte and Miami, she would often send out thoughts of the day to staff. These little messages, often based on the mood she experienced when entering the facility, helped lift the spirits of those who worked there.

Sending good thoughts for the day was not the only way she enriched the lives of those with whom she served. Sr. Marie Lucille is noted for two outstanding holiday recipes: a cranberry nut bread and eggnog. While she does not bake on a regular basis now that she resides on Marian Hall in Marriottsville, Md., she does take the time to make these well-loved favorites for Christmas and frequently gives them as gifts. "The eggnog is actually a recipe from the family of one of our sisters. As it has rum and whiskey in it, it's really a stay-at-home drink," Sr. Marie Lucille explains with a chuckle.

Staying in good spirits is something she continues to do while putting together jigsaw puzzles, completing crossword puzzles, or staying fit and active with Wii. This gaming software allows the sisters on Marian Hall to try their hand at tennis or bowling through the use of the television. Whether it is engaging in interactive gaming, brain-teasing puzzles or good-for-the-soul cooking, Sr. Marie Lucille finds many ways to enrich her life and the lives of those around her.

Sr. Marie Lucille's Cranberry Nut Bread

C. sugar
C. fresh, chopped cranberries
C. flour
½ tsp. baking powder
½ tsp. cinnamon
l egg
¼ C. salad oil
tsp. grated orange rind
¾ C. orange juice
½ C. chopped nuts

Stir 1 tsp. sugar and chopped cranberries and set aside. In a large bowl, combine remaining sugar with dry ingredients and blend thoroughly. With hand beater, beat egg, oil, rind and orange juice. Stir in ingredients and mix until moistened.

Fold in cranberries and nuts. Bake in greased loaf pan at 350 degrees for one hour.

Sr. Marie Lucille's Famous Eggnog

2 qt. milk 6 egg yolks 1 C. sugar 2 C. whiskey 1 C. rum (white rum preferably)

Beat egg yolks slightly and mix with sugar. Add mixture to liquid ingredients. Cover and refrigerate undisturbed for at least 24 hours before serving. Serve with topping of beaten egg whites or grated nutmeg if desired.

ASSOCIATE NEWS

Interest in Associates of Bon Secours CONTINUES TO GROW

Associates of Bon Secours in the United States currently live and meet for prayer and fellowship in seven established locations, with a new group forming in Charleston, S.C. Through these communities, interested Bon Secours coworkers and others have joined together to begin what is called "formation" (an orientation to help one become "formed" in the ideals and traditions of Bon Secours). Following formation, which takes about a year, these individuals make a formal commitment as associates of Bon Secours. Groups already exist regionally in Baltimore, Md.; Darby, Pa.; Richmond and the Hampton Roads areas in Virginia; Grosse Pointe, Mich.; St. Petersburg, Fla.; and Greenville, S.C.

Associates are both laypeople and clergy who seek to live out the mission and charism of the Congregation of Bon Secours in their own families, workplaces and communities. Regional groups meet monthly for prayer, faith sharing and outreach for justice. Associates may be married or single, Catholic or other faith traditions, male or female; so these groups tend to be a diverse and eclectic expression of the charism of Bon Secours. Most groups enjoy the active involvement of a sister who lives in their area; others do so at a distance if no sister resides locally.

The new group of associates forming in Charleston began its journey of formation with a day retreat on April 24 at Mepkin Abbey, a Trappist monastery in the Charleston area. Having traveled there from the office in Marriottsville, Md., I guided the day, which was one of prayer, faith sharing and discussion of aspects of Bon Secours' charism and how to bring that to expression in one's life. Following the retreat, Fr. Guerric Heckel, who is an associate from the early days of the Bon Secours Associates and a member of the monastic community at Mepkin, will assist the fledgling group in their formation. They will meet monthly and share various aspects of Bon Secours history, spirituality, care for the sick and dying, and justice. The Charleston group has been meeting informally for several months. Patricia Douglass, chaplain resident at Roper Saint Francis Healthcare in Charleston, is one of the people instrumental in helping the group get started. In talking about the group's first gathering, she says, "We gathered in St. Francis Chapel, in a small circle with three Advent candles burning on the altar. The tone of the meeting was one of a deeply felt awareness of the poor among us and a felt respect and regard for the 'Good News' environment preached without words in both the Bon Secours St. Francis and Roper hospitals by physicians, medical staff and employees. The call to provide 'Good Help' is felt across the spectrum. I was awed by the level of vulnerability in sharing so deeply, so quickly. I see that as evidence of the fruit of the Bon Secours charism, whose foundation is the Gospel." Who could say it better? Associates prayerfully collaborate with the sisters in many ways to be the hands and heart of Christ to those in need.

> Amy Kulesa Director, Bon Secours Associate Ministry



Pictured is a recent commitment ceremony for Karen Schwartz in the Greenville, S.C., group. The ceremony, held on January 27, was led by Srs. Dorothy Brogan and Kathleen Moroney.

A BLESSED EXPERIENCE Bon Secours Volunteers Reflect on Their Year of Service



Volunteers Kathleen Pormento (l.) and Sarah Kramer (r.) participate in the Diabetes Walk.

(Below) Sarah Kramer (l.) and Rose Keeley (r.) show off the new shelves they built for one of the habitation homes.





"The mission of Bon Secours Volunteer Ministry is transformation through service with others," says *Shannon Curran*, director of the Bon Secours Volunteer Ministry. To help learn about the volunteers' experiences in the second half of this year, Shannon asked the five current volunteers to respond to the following reflection questions: How are you becoming a member or neighbor of your new neighborhood? And how do you see yourself caring for the health of your neighbors/patients? "I think that the growth each volunteer described in their responses speaks to this transformative aspect of our mission," comments Shannon. "In relation to this transformation, I am intrigued by how many of the volunteers used the word 'blessed' to describe their experience."

How are you becoming a member or neighbor of your new neighborhood? "When I first arrived in my new neighborhood of Sowebo (South West Baltimore), I felt as if I were an outsider looking into a close-knit community. Months began to pass, and I noticed that I still felt this way. I felt as if I were only a 'neighbor,' someone living across the street, but I did not feel as if I were a part of the neighborhood," says *Rose Keeley*. "I recently began to get involved in different programs to get to know those I was living among. Such a small step has really opened my eyes even more to the community that this neighborhood creates. There have been many instances where I have noticed firsthand my neighbors reaching out to look out for me and help me. This community has taught me what being a good neighbor is really about. I do not think I would be able to fully see or appreciate the beauty of my community had I not started getting involved. Since beginning to reach out to others in the neighborhood, I feel like I have become part of this community. And I feel blessed to call myself a member."

"It is now mid-year and we are secure in our volunteer positions. I feel fully comfortable with my patients and embrace them every time I see them. I've been waiting for the time when I would be able to say that I felt really connected," comments *Sarah Kramer*. "Recently, I looked around the church at Sunday Mass and had the beautiful realization that I was able to look in every direction and smile at one of my patients or an individual I had met by just being part of the community. I have finally found the connection that I had been awaiting, and I am blessed to say that I am embraced by my patients."

How do you see yourself caring for the health of your neighbors/patients? "I see the biggest impact of caring for the health of my neighbors when I am out doing community health fairs with my supervisor from the cardiology department. My eyes are truly opened to the need that is still very much present in Sowebo when I am out doing blood pressure screenings and glucose testing," says *Nadya Alboschy*. "It is so important for the community health fairs to take place because this may be the only health information an individual is given. I feel so blessed to have the opportunity to share the knowledge I have learned in my position and use that to potentially make someone else's life healthier. Going out into the neighborhoods and talking with the individuals who live there is not only a special time for me, but also I hope it is just as important for the people to have someone listen to what they have to say. By being out in the community, educating my neighbors, it has made me realize a growing desire to pursue a health care career and to continue to utilize my skills to care for others."

"I am not sure what I expected coming into West Baltimore, but what I have experienced thus far has exceeded what I would have imagined to be amazing. Constantly I find myself learning and loving beyond what I thought I was capable," comments Kathleen Pormento. "This is all attributed to just opening my heart to a community I was to be a part of. Most of the patients who I serve live in the West Baltimore community. Knowing that they are also my neighbors has made me feel closer to them. There was so much joy when I ran into one of the patients in Hollins Market; they were surprised to see me there, and this made them feel even more comfortable speaking to me in the dialysis unit. I believe that the relationship aspect in health care is so vital for a patient's treatment. To be able to bring a level of comfort when interacting with any patient changes the level of trust. I have seen that patients can share how they are truly feeling or what they really need help with when they see the care, love and proactive stand that can be taken on their behalf. With love at the forefront, all action done on behalf of the patient becomes natural and to offer that genuine and compassionate care is a beautiful effort. This is not just an exclusively beneficial thing for the patient. I feel transformed from the love that was received back as a result."

"At first, I was sad to see the same patients coming to the emergency department again and again because they often only got sicker. Many of these patients had routine or chronic needs that would be better met by a primary care doctor or a specialist, but they were unable to find such a physician who would treat them. Others returned because they were unable to afford the medications or other treatments prescribed to them, while some still simply needed a warm bed and food to eat," recalls *Laura Coonfield.* "One day, a seasoned nurse said that she was happy to see one of our regular patients. She explained that she knew that while that patient was in the emergency department, she knew that he was safe. Once he left the emergency department, he was neglected and abused. I had been so accustomed to thinking about my patients' urgent and immediate needs that I had forgotten about all of the challenges the patients faced once they left the hospital. I then began to view my role in the emergency department differently, making sure I give special attention to each of my patients every day, so that they can at least for a few hours feel safe, comfortable and loved."

For more information about becoming a Bon Secours ministry volunteer, visit www.bonsecours.org/bsvm or contact Shannon at shannon_curran@bshsi.org or (410) 442-3161.



Volunteer Nadya Alboschy (r.) has her sugar count taken by volunteer Rose Keeley (l.) at a Bon Secours health fair.

Bon Secours Responds to a Universal Need: *Providing Hope to Those Who Are Suffering*

Changes as well as personal and organizational adjustments can be welcome when they channel energy and provide clearer personal focus on a mission or enhance growth and stability. Unfortunately, with a quick glance at local media outlets, one can quickly tally the toll of unexpected or unguided change in our current personal, social and economic conditions. Such change too often results in disillusionment, disjointedness and fear. The people toll in such caprices mounts daily, often in quiet ways where the hurt is so deep it cannot always be fully grasped, expressed or explained. The burden becomes a dull ache, growing deeper and heavier by the day and driving out joy and hope. Thankfully people do seek help during those times or find it from the advice of others. Fortunately their search for a caring and compassionate space can end with Bon Secours Spiritual Center; here, they can find reason to hope in a world full of illusions and disappointments.

Extending the Sisters' commitment to give such reasons to hope involves sustaining actions that liberate, heal and share compassion with others who hurt. Rabbi Abraham Joshua Heschel once described a religious person as someone "whose greatest passion is compassion, whose greatest strength is love and defiance of despair." Our space and our work of healing hospitality boldly defies despair in services of care that invite and support guests to believe in the care of God expressed in our care for them.

Our efforts of human spiritual care extend to programs addressing causes and remedies for some of the hurting around us. Our annual Women's Wellness Weekend and the upcoming Institute for Compassionate Presence led by Sr. Joyce Rupp will clarify, respond to and equip participants to address needs experienced in their personal and professional realms. In our partnership program with the P. Francis Murphy Center for Justice and Peace in October, we will address issues connected to personal violence and its catastrophic impact on our families and society as well as how nonviolent responses can be created as powerful antidotes to fear and oppression. This April, with another partner, Mount Saint Agnes Theological Institute for Women, we sponsored a retreat for women from urban churches and neighborhoods to learn and support how they keep the faith in the midst of the city's challenges. And we learn in all of these events how we might better image the power of God's healing in our helping.

The Spirit continues to heal and enliven others in our more low-key, private efforts as well. During Care for the Caregivers respite sessions, we welcome guests who sustain others in their struggles. During Keep the Spirit Up days, we share with guests the disappointment of job loss or unexpected changes in their careers. As we pray, listen and tell our stories of disappointment and recovery, we build a community of care and concern that participants carry with them back home or to their next appointment or opportunity. They go knowing that we and God walk with them as they face their challenges and rise beyond their disappointments.

Our mission is to support guests in the ancient practice of spiritual transformation. We invite guests to open themselves to the presence and power of God's Spirit, so they can be strong and heal by shedding old ways that have become burdens. We see and show to others that no matter who you are, or what has happened to you, a fuller life is possible and available for the asking and the doing.

Spiritual transformation leads to changed lives and begins often in simple changes rooted in relationships of care during challenging times. The importance of our mission is especially evident during the times when care seems so remote or the challenges so high. Even so, our guests come to know Bon Secours as people who care. Here they will find, among us, and with God, reasons to hope.

> Thomas E. Little, Ed.D. Executive Director

Around the Congregation



NO





Women & Spirit Exhibit, which features unique artifacts and images about the history of religious life in America, is currently on a nationwide tour. This exhibit, which includes pieces of Bon Secours memorabilia, will be at the Maltz Museum of Jewish Heritage in Cleveland, Ohio, from May 9–August 28, 2010. For more information about the exhibit and for additional tour locations and dates, visit *www.womenandspirit.org.* Pictured is the congregation team along with other sisters of Bon Secours who toured the exhibit on January 21, when it was at the Smithsonian in Washington, D.C.

Welcome back to *Sr. Elaine Davia*, who recently returned from South Africa where she utilized her skills as a nurse practitioner by screening the sick at the antiretroviral clinic that the sisters have established.

Candidate *Patty Dooley* is preparing to minister to the very ill and dying at St. Francis Eastside and Downtown Hospitals in Greenville, S.C., and Open Arms Hospice House in Simpsonville, S.C. She recently completed a fourweek orientation of visits and shadowing in departments including chaplaincy and palliative care.

Congratulations to *Sr. Fran Gorsuch* on recently being named director of Community Initiatives at Good Samaritan Hospital. As such, she will help expand the borders of Bon Secours Charity's mission interests and continue to cultivate relationships within the community of Suffern, N.Y.

Meet the new FOCUS editorial committee: Sr. Rose Marie Jasinski, leader; Sr. Jean Aulenback; Sr. Pat Dowling; Candidate Patty Dooley; Jennifer Murphy; and Andrea Springer.

IN MEMORIAM Sr. Mary Catherine Rogers, 1935–2010

Sr. Mary Catherine Rogers died of pancreatic cancer on May 5 in Marriottsville, Md., at the age of 74.

The only child of Katheryn and William Rogers, she grew up in Baltimore and attended Towson Catholic High. One influence in her life was her aunt, Sr. Jane Frances de Chantal, who was a sister of Bon Secours. Sr. Mary Catherine entered the Sisters of Bon Secours in November 1957, the year she graduated from the Bon Secours School of Nursing. After completing her novitiate, she served in Bon Secours Hospital in Baltimore's Labor and Delivery department before receiving her bachelor's in nursing from Catholic University of America.

In 1965, she went to Richmond, Va., as director of Obstetrics when Bon Secours St. Mary's Hospital first opened. In 1971, Sr. Mary Catherine transferred to Grosse Pointe, Mich., where she worked in the emergency room and the coronary care unit for 10 years.

She returned to Baltimore after her 25th jubilee, and, in October 1983, was elected a councilor to the congregation leadership team in Rome, Italy. She returned to the U.S. in 1989, ministering to the retired sisters on Marian Hall in Marriottsville before going to Charleston, S.C., as the vice president of Mission and a board member for St. Francis Xavier Hospital.

From there, she moved to Venice, Fla., where she remained until her death. In late 1999, she became senior vice president of Sponsorship for Florida, a position she held until her retirement in 2005. In 2004, Sr. Mary Catherine's duties expanded to include caring for those devastated by Hurricane Charley, which caused a significant amount of structural damage to the Bon Secours St. Joseph facility in Port Charlotte, Fla.

During her many years in Florida, she was president and a member of the board of directors of Bon Secours Maria Manor, Bon Secours St. Joseph Healthcare Group and Bon Secours Venice Healthcare Corporation. She was also an active member of the Congregation, serving as congregation treasurer, co-chair of a provincial general assembly and a member of both Bon Secours Volunteer Ministry committee and the provincial council. She also was a Bon Secours Health System board member from 1991–97.

Sr. Mary Catherine contributed so very much to the Sisters of Bon Secours and all the people to whom she ministered. She will be truly missed by all.





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