OCUS

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"IF WE HAVE NO PEACE, IT IS BECAUSE WE HAVE FORGOTTEN THAT WE BELONG TO EACH OTHER."

Mother Teresa

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IN MEMORIAM



With unrest, not only around the world but right here in the United States, from violent protests in Charlottesville, Virginia, to natural disasters in Texas, Florida and the Caribbean, it has never been more important for us to focus our prayers and efforts on nonviolence and peace. This issue will discuss peace and what it means to the Sisters of Bon Secours working through the Congregation's International Justice, Peace and Integrity of Creation Committee, the Bon Secours Health System and our affiliates as well as the sisters' support of Pax Christi and other peacemaking organizations. It is also very gratifying to see Pope Francis speak often about nonviolence and just peace, and the fact that he held a World Day of Peace this year. Without justice and treating people fairly, there cannot be peace.

As we get perspectives on peace from our international sisters in Ireland, Peru and France, we especially hope you enjoy reading about Sr. Nancy Glynn, a sister from the United States, and her ministry as Area Leader in France. Sr. Nancy epitomizes the fact that we no longer have Province boundaries, but operate as one Congregation. We hope our sisters in France will enjoy the article as well, which is why it is in both English and French. We go back into our archives to learn about how in 1994 Sr. Pat Dowling found herself on the forefront of social and political upheaval in Ecuador and how she worked diligently for peace as she lived in solidarity with those who were economically poor.

Peace takes many forms, and peace of mind is indeed important to people's well-being. In this issue, we learn about the Bon Secours Health System's Population Health and Employee Wellness initiatives to give people peace of mind about their health and create healthy communities.

Last April, I had the privilege of participating in the Congregation's Assembly in Dublin, where 100 people representing all of the countries where we minister gathered, including sisters, Associates, and our young adult and volunteer ministers. One of the highlights of the assembly was the building of a fruit and vegetable garden that symbolized the work of each committee of the Congregation. It was truly a spiritual and uplifting experience for all who attended.

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The coming year is a very special one for the Retreat and Conference Center as it celebrates its 50th anniversary. They will kick off the anniversary year this fall by introducing a special commemorative Pathway to Peace project on the grounds of the Center in Marriottsville. If you have enjoyed spending time at the Center, we hope that you'll consider purchasing a commemorative brick for the pathway. In this issue, you will also read about a special Prayer for Peace workshop held this fall. In our spring issue, we will feature the Retreat and Conference Center, its history and what it has meant to the many people of all faiths that it serves.

We warmly welcome Jennifer Doyle, who entered the Congregation on June 18, 2017, and is in initial formation. She has already become an important part of our Congregation. We also are pleased to once again welcome a wonderful group of young adults, who will be serving this year in our Volunteer Ministry program. Two new faces in the Leadership office are Liz O'Neill, who has joined us as director of communication for the Sisters of Bon Secours ministries, and Liesel Rupprecht, who is the new program coordinator for the Associates and Volunteer Ministry programs. Enjoy this issue of Focus, and with the holidays fast approaching, I want to wish everyone a blessed Thanksgiving and Christmas season.

Peace,



St. Kose Marie

SR. ROSE MARIE JASINSKI Leader, Sisters of Bon Secours, USA



ENGAGED in PEACEMAKING

The Sisters of Bon Secours see their personal union with God strongly connected to social action, and in response, they are actively involved in peacemaking endeavors and the promotion of justice and nonviolence around the globe. In living out their mission statement, the sisters are committed to alleviating all forms of human suffering. They dedicate themselves to eliminating violence in the world and prayerfully and actively banishing violence from their hearts, words and deeds. On the following pages, members of the International Justice, Peace and Integrity of Creation Committee share some of the ways the Sisters of Bon Secours are working toward peace.



Sr. Fran Gorsuch made her voice heard at the Women's March in Washington, D.C.

RAISING AWARENESS THROUGH EDUCATION AND ADVOCACY

There is no true peace without fairness, truth, justice, and solidarity. – St. Pope John Paul II "Justice issues have always been an important part of our charism," says Sr. Anne Marie Mack, chair of the International Justice, Peace and Integrity of Creation (JPIC) Committee. The mission of the JPIC Committee is to raise awareness of justice issues and work for systemic change through education and advocacy.

"Social issues are the root cause of our world's violence," says Sr. Chris Webb. "There is a need to educate people on what is happening and what they can do. Simple actions such as letters and phone calls to Congress make a difference."

"We respond to emerging situations and motivate people to become involved with issues such as caring for the earth and addressing human trafficking," says Sr. Teresa Margot Benites Montero of Peru.

The JPIC Committee networks globally with other organizations

STUDYING THE SPIRITUALITY OF NONVIOLENCE



working for peace and social and ecological justice, including Pax Christi International, Caritas International, Greenpeace, Talitha Kum, the Catholic Global Climate Movement, Earth Charter International and Friends of Earth. "As sisters, we have the unique opportunity to share our mission calls with a network of people who are very supportive and interested in taking up these causes. We are working together to make the world a better place," says Sr. Anne Marie.

Members of the JPIC Committee (l to r): Sr. Mary Leamy (Ireland); Sr. Teresa Margot Benítes Montero (Peru); Sr. Fran Gorsuch (USA); Sr. Mary Beth Hamm, SSJ Co-chair (USA); Sr. Alice Talone (USA); Sr. Katherine Tierney (Ireland); Sr. Chris Webb (USA); Sr. Anne Marie Mack, Chair (USA); Sr. Yolanda Morales Valiente (Peru). Members not pictured are Sr. Noelia Lara Núñez (Peru) and Sr. Marguerite Provost (France). Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. – John 14:27

"In the spirit of the nonviolent Jesus, we pray that our Chapter Call will enable us to be the peace we seek and offer it to God's world that is so abundantly in need of this gift," says Sr. Mary Leamy of Ireland. Based on the recommendation of the International JPIC Committee, the sisters recently underwent a year of formation in nonviolence. To support these efforts, a monthly publication offering practical strategies for incorporating nonviolence into daily life was distributed within the Congregation. The sisters studied the spirituality of nonviolence, which involves fully grasping the depth of God's love, leading to self-knowledge and self-acceptance. "Only then can we take the first step as nonviolent peacemakers," says Sr. Mary.

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BEING A PEACEFUL PRESENCE

The true strength of the Christian is the power of truth and love, which leads to the renunciation of all violence. Faith and violence are incompatible. – Pope Francis

The Sisters of Bon Secours are a peaceful presence in the communities where they live and work, standing in solidarity with people from all walks of life. "We give spiritual and psychological support to people and neighborhoods in conflict," says Sr. Teresa Margot Benites Montero. "We are their guides and give them hope."

"We accompany people in mass demonstrations as models of nonviolence," says Sr. Noelia Lara Núñez of Peru.

"Pope Francis is a beautiful model of someone who has internal peace in his own life and is sharing it and encouraging our sisters and brothers to live in peace," says Sr. Alice Talone.

"Sometimes the presence of a peaceful person can change the world," says Sr. Chris Webb. "People gravitate to peaceful, positive energy," she continues. "I notice that people will stop and check themselves when they realize I am present. What if they did that because it is the right thing to do?"



Srs. Rose Marie Jasinski and Fran Gorsuch marched in Washington, D.C.

PEACEFULLY DEMONSTRATING

May nonviolence become the hallmark of our decisions, our relationships and our actions, and indeed of political life in all its forms. – Pope Francis

The Sisters of Bon Secours collectively strive to create an atmosphere where the voices and opinions of others are respected and where all are accepted and celebrated whatever their nationality, religious belief, gender identity and past experiences. "During the presidential campaigns, bigotry, hatred and violence were released that were just below the surface of the American fabric," says Sr. Fran Gorsuch. "We believe that the energy we give to others and to the universe can be either death-dealing or life-giving, and we try to choose the latter."

Sr. Fran and Sr. Rose Marie were among the hundreds of thousands of women, men and children who participated in the Women's March in Washington, D.C. "I needed to make my voice heard advocating for the dignity of all," says Sr. Fran. More than two million people around the world participated in peaceful marches on January 21, 2017. The Women's March was one of the largest demonstrations for social justice in America's history. "One of the profound takeaways for me from the march was the sense of camaraderie and respect for both people and property that was displayed in D.C.," says Sr. Fran.

PRACTICING CIVIL DISCOURSE

Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. – Martin Luther King, Jr.

The sisters make a conscious, communal effort to use nonviolent language and invite others to do the same. "We strive to create forums where people speak to one another with dignity and respect despite their differences of opinion," says Sr. Fran Gorsuch. It has become commonplace to hear insults, interruptions, talking over one another, name-calling and demeaning language. It is important to recognize these as forms of violence. The presidential debates in the United States delivered a daily diet of toxic language. In response, the Leadership Conference of Women Religious wrote a letter to the candidates requesting they "engage in political dialogue that reflects the principles and values upon which the nation was founded." Our Congregation, along with more than 5,600 Catholic sisters, signed the letter.

There is a need in today's world for civility in how we speak to each other. The sisters encourage more awareness in tone of voice, attitudes and choice of words. "The language we use is not in synch with a peaceful world," says Sr. Chris Webb. "When we use phrases in our daily lives such as, 'Tm just killing time; shoot me an email; he got away with murder,' we perpetuate violence and at the same time become immune to the violent meaning of these words." Words are powerful.

"Try to avoid using violent or highcaliber words," says Sr. Noelia Lara Núñez. Incivility in communication causes alienation, and when people are pushed apart, it can plant the seed for violence. As demonstrated by Jesus and the great peacemakers of our time, language also has the power to bring people together. Using language to create common ground and a point of connection is vital to growing in the practice of nonviolent communication. Choosing words with love is one small way each person can commit to living a peaceful life.

SUPPORTING PAX CHRISTI INTERNATIONAL

Peace is the only true direction of human progress – not ambitious nationalisms, nor conquests by violence. – Pope Francis citing Pope Paul VI

In their ongoing efforts to promote the vision and practice of active nonviolence, the Sisters of Bon Secours support Pax Christi International, the Catholic peace movement, and Pax Christi's project, the Catholic Nonviolence Initiative. The goal of this project is to affirm that active nonviolence is at the heart of the message of Jesus, the life of the Catholic Church and the long-term vocation of healing and reconciling both people and the planet. "What drew me to the Sisters of Bon Secours was the idea of collaboration," says Sr. Chris Webb. "We join with other communities to promote peace, and together, we are making a difference."

In April 2016, the Catholic Nonviolence Initiative organized the first Nonviolence and Just Peace Conference, which was co-sponsored by the Pontifical Council for Justice and Peace and other international bodies. At its close, the conference issued an appeal to the Catholic Church, urging it to recommit to the centrality of Gospel nonviolence. The Sisters of Bon Secours, along with more than 2,000 organizations and individuals, signed and endorsed this appeal. Pope Francis signaled that church leadership is listening in his 2017 World Day of Peace message "Nonviolence: A Style of Politics for Peace."

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CARING FOR

Everyone's talents and involvement are needed to redress the damage caused by human abuse of God's creation. – Pope Francis

"We attempt to live in a spirit of awe, of gentle care, of gratitude and interdependency with all of God's creation, caring for our universe in the same way we are called to care for one another and for ourselves," says Sr. Fran Gorsuch. The Church teaching on the care of creation is deeply connected to the protection of human life and dignity, especially of the poor and vulnerable. Global warming has generated migration around the world and increased catastrophic natural disasters of record-breaking proportion, disproportionally impacting the health and well-being of marginalized people everywhere.

"We do a lot of violence to the earth, and the earth is trying to heal itself, but it cannot survive if we do not take care of it," says Sr. Chris Webb. As environmental problems become more prevalent, everyone has a responsibility to protect our common world. In the United States, the Environmental Protection Agency (EPA) has proposed the Clean Power Plan (CPP), an ambitious effort to combat global warming by reducing carbon pollution from existing power plants. However, the CPP faces an uncertain future. Nearly two-dozen states have filed suit against the EPA to stop the CPP. In February 2017, the Sisters of Bon Secours along with 125 U.S. Catholic leaders and organizations signed a letter organized by the Catholic Climate Covenant in support of the CPP. If the courts do not uphold the CPP, this letter calls upon Congress to replace the CPP with new policies that will achieve the same or more aggressive carbon reduction goals.

"The JPIC Committee is focusing on ecological health and ways to reduce our carbon footprint," says Sr. Anne Marie Mack. They are examining how and where products are made, supporting local farms and produce, and looking for opportunities to cut down on waste. "Already, we have eliminated plastic water bottles in our facilities, and many sisters are composting and saving water," says Sr. Anne Marie. These are just a few of the small things each person can do to nurture the earth.

WORKING FOR GLOBAL SYSTEMIC CHANGE

Peace is not just mere absence of violence. Peace is, I think, the manifestation of human compassion. – Dalai Lama XIV

The Sisters of Bon Secours are one of 20 congregations of Catholic sisters who are members of UNANIMA International, a non-governmental organization that advocates on behalf of women and children, particularly those in poverty, immigrants, refugees and the environment. "I became more enlightened on issues of justice and peace through my service as the representative for the Sisters of Bon Secours at UNANIMA," says

JUSTICE AND PEACE ARE ONE STRUGGLE

There can be no justice without peace and there can be no peace without justice. – Martin Luther King, Jr.

Recognizing nonviolence as the most important tool for social change, the Sisters of Bon Secours united with 13 other religious communities to form The P. Francis Murphy Initiative for Justice and Peace in the Archdiocese of Baltimore, Maryland. Named after Bishop Murphy, who exemplified a life of working for justice within the Biblical imperative for social change, the mission is to grow peace through justice.

As Murphy Initiative Board Member Sr. Alice Talone explains, "You have to have right relationships to have peace." The Murphy Initiative encourages dialogue and inspires actions regarding the most important issues of our time. This includes working towards alternatives to war, racism, and sexism and praying against the death penalty. The Murphy Initiative supports working toward a world that welcomes the stranger, focusing on immigration issues and protecting the victim, with emphasis on ending human trafficking. "We try to be aware of areas in our world and our communities that are in need of peace and see how we can reach out, not just through prayer, but through actions," says Sr. Alice.

Sr. Anne Marie Mack. Currently, Sr. Fran Gorsuch is the representative.

Most of UNANIMA's work takes place at the United Nations headquarters in New York, where they seek to educate and influence policymakers at the global level. In solidarity with other members of civil society, UNANIMA works for systemic change to achieve a more just world. Major UNANIMA campaigns include "Water = Life," which addresses the effects of global warming on available drinking water and its worldwide impact on women and children, poverty, human trafficking, immigrants and refugees, and the integrity of the earth. UNANIMA currently has 22,000 members, representing more than 80 countries throughout the world. The Centennial Peace Garden features unique Zen elements and is one of a very few Japanese gardens in the local area open to the public. Photos by Steve Spartana.





FINDING PEACE IN NATURE

Quietly, peacefully let me rest in you. Quietly, peacefully lead me back to you. – Quietly, Peacefully, Hymn #713 Gather The Centennial Peace Garden is bursting with glorious seasonal foliage and is one of several sacred spaces on the Bon Secours Marriottsville campus that encourages nonviolent practices, such as prayer, meditation and caring for our universe. A ceremonial gate at the entrance to the garden marks the transition from the everyday world to a place of peace and harmony. Featuring a unique fusion of Zen elements, such as a dry landscape garden with benches and a series of boulders clustered to form natural rooms, the Centennial Peace Garden is one of a few Japanese gardens in the local area open to the public.

The garden was dedicated on September 11, 2003, with the planting of a peace pole in recognition of The Peace Pole Project, a worldwide effort started in Japan by the World



Peace Prayer Society to promote global unity. Peace poles are recognized as international symbols of peace and serve as a visual reminder to pray for world peace. The Peace Pole at the Bon Secours Marriottsville campus is seven feet tall and handcrafted of western cedar with the message, "May peace prevail on earth," inscribed vertically in a different language on each of its six sides. The languages include French to honor the heritage of the Sisters of Bon Secours, Hebrew because it is the language of the Old Testament, Spanish and Swahili because they reflect Maryland's Hispanic and African American communities and Japanese to honor the origin of the project. A ceremonial gate introduces the entrance to the Centennial Peace Garden.



BUILDING A PATHWAY TO PEACE, BRICK BY BRICK

In celebration of the Retreat and Conference Center's upcoming 50th anniversary, the Sisters of Bon Secours are building a brick path leading from the Retreat and Conference Center to the Centennial Peace Garden. Anyone visiting the Marriottsville campus will be able to walk this "Pathway to Peace." Fundraising bricks will be available for sale on the website at bonsecours.us. The bricks can be custom engraved to commemorate a loved one or a special occasion and will serve as a permanent memorial on the Marriottsville campus.

SR.NANCY GLYNN



SHARES HER LIFE IN FRANCE

Country Leader for France Sr. Nancy Glynn epitomizes the new Congregation structure of operating as one Congregation, rather than within Province boundaries. Sr. Nancy entered the Congregation in the United States in 1960 and lived and ministered in many Bon Secours facilities as a physical therapist, spiritual director and mission leader. She has, however, spent a significant part of her ministry in France, first for ten years (1999 -2009) as Congregation Leader and then for the past three years as Area Leader. "I have been truly blessed by the kindness and welcome that the French sisters have afforded me and how grateful they are for my leadership and guidance as well as all that the Congregation has done for them," says Sr. Nancy. "I am also so appreciative of my Area Team of three French sisters who help me to navigate the French culture."

Sr. Nancy's ministry today is a rich one as she works with the sisters in France, whether at the Motherhouse in Paris or in Arras, where three sisters live, or in Vendome, where there are 15 sisters. In Vendome, the Sisters of Bon Secours have a 120-bed nursing home. Working with the board of directors and Thomas Guinamard, director of the home, Sr. Nancy calls upon her healthcare background to oversee the running of the home. She was especially pleased when Thomas visited the United States and spent two months at Maria Manor Nursing and Rehabilitation Center in Florida. He was extremely impressed at how well the mission of the Sisters of Bon Secours was integrated into daily life at Maria Manor.

The sisters in France also have a 1,000-student secondary school in Lille, and Sr. Nancy is on its board. The Salesian Fathers, who have vast experience in running schools, provide sponsorship services.

As with the sisters' facilities in Vendome and Lille, Sr. Nancy along with Congregation Leader Sr. Pat Eck are committed to developing partnerships to keep the mission of the Sisters of Bon Secours vibrant in France, where our Congregation began in 1824.

One of the most exciting partnerships is with the Diocese of the French Army, who lease a wing of the Motherhouse in Paris. The bishop, chaplains and seminarians all reside there and celebrate Mass daily as well as baptisms, holy communions and other life cycle events. "The seminarians truly bring life into the Motherhouse, and the sisters so benefit from having them there," says Sr. Nancy. "Their financial support through leasing space in the Motherhouse is also very important to the upkeep and operations of the Motherhouse. This is truly a win-win partnership."

The Diocese of the French Army focuses on peace, and there are daily prayers and reminders at Mass, with the sisters joining in to pray for peace. This has been especially meaningful with the recent terrorist activities in France. Sr. Nancy also joined the Diocese and military representatives from 38 countries on a pilgrimage to Lourdes where 4,000 people gathered to focus on peace. "It was a very powerful experience and fit well with the Sisters of Bon Secours' work with nonviolence and peace," says Sr. Nancy.

Sr. Nancy also works closely with Sr. Francoise Hetuin, coordinator of the Motherhouse community of 10 sisters. She explains that the Motherhouse, however, belongs to the entire Congregation rather than just the sisters in France. She also works with Marie Madeleine Chopard, director of the Associates in France, who has a close working relationship with Amy Kulesa, director of Associates in the United States. Sr. Nancy especially enjoys welcoming international meetings of the Congregational team and other sisters as well as people from the health system who are visiting Paris. She is also pleased to be on the planning team for a Heritage Retreat to be held in June at the Motherhouse.

Sr. Nancy is excited about welcoming Nathalie Lindolo Ninga, a candidate from the Democratic Republic of the Congo. Nathalie has spent her two years of candidacy with the sisters in Vendome, where Sr. Jacqueline Rebours, director of formation for France, resides. In October, Nathalie began a two-year Novitiate in the United States with Sr. Elaine Davia, director of formation for the United States. This is another example of how we are operating as one unified Congregation.

"It is a wonderful experience living in Paris and especially at the Motherhouse. Our sisters have been here since the mid-1830s, and it is steeped with tradition and the spirit of Bon Secours. There is so much history all around me, and I always feel privileged as I pray in the chapel to be able to have this special opportunity," says Sr. Nancy.

S. NANCY GLYNN



PARLE DE SA VIE EN FRANCE

Responsable de pays pour la France, S. Nancy Glynn incarne la nouvelle structure de la Congrégation, qui fonctionne maintenant comme Congrégation unifiée plutôt qu'en Provinces autonomes. S. Nancy est entrée dans la Congrégation aux États-Unis en 1960 ; elle a vécu et travaillé dans plusieurs établissements du Bon Secours comme kinésithérapeute, directrice spirituelle et responsable de la mission. Mais une tranche importante de sa vie apostolique s'est déroulée en France. D'abord, pendant dix ans (1999 -2009), en tant que coordinatrice de la Congrégation puis, depuis trois ans, comme responsable de pays pour la France. « La bonté des sœurs françaises et l'accueil chaleureux qu'elles m'ont réservé ont été une grâce pour moi, de dire S. Nancy, comme leur gratitude pour ma façon d'assurer le service de l'autorité et pour tout ce que la Congrégation fait pour elles. Je suis également redevable à mon Équipe régionale : elle comprend trois sœurs françaises qui m'aident à naviguer dans les eaux de la culture française. »

L'apostolat actuel de S. Nancy est gratifiant : elle travaille en effet avec les sœurs de France à la Maison mère de Paris ou à Arras, où résident trois sœurs, ou encore à Vendôme, où il y a 15 sœurs. À Vendôme, les Sœurs du Bon Secours ont un Maison de Retraite de 120 lits. En collaboration avec le conseil d'administration et le directeur, Thomas Guinamard, S. Nancy fait appel à son expérience du monde de la santé pour superviser le fonctionnement de l'établissement. Elle s'est réjouie que Thomas puisse venir aux États-Unis et passer deux mois au Maria Manor Nursing and Rehabilitation Center en Floride. Il a été impressionné de voir à quel point la mission du Bon Secours est intégrée à la vie quotidienne du centre Maria Manor.

Les sœurs françaises ont également une école secondaire de 1000 élèves à Lille, et S. Nancy siège au conseil d'administration. Les Pères Salésiens, avec leur vaste expérience en pédagogie et en administration scolaire, assurent la tutelle de l'établissement. Comme pour les œuvres de Vendôme et de Lille, S. Nancy et la coordinatrice de la Congrégation, S. Pat Eck, sont résolues à négocier des partenariats afin de préserver la vitalité de la mission des Sœurs du Bon Secours en France, où est née la Congrégation en 1824.

Un partenariat des plus stimulants associe les Soeurs du Bon Secours au Diocèse aux Armées françaises, qui loue une aile de la Maison mère à Paris. L'évêque, des aumôniers et des séminaristes y résident et assurent la célébration quotidienne de l'Eucharistie, en plus d'administrer le baptême, la sainte communion et d'accompagner les autres grands moments de la vie. « Les séminaristes apportent un nouveau souffle de vie à la Maison mère et les sœurs sont très heureuses de leur présence, explique S. Nancy. Leur appui financier, par le loyer qu'ils versent, contribue aussi de manière importante à financer l'entretien et le fonctionnement de la Maison mère. C'est vraiment un partenariat où tout le monde est gagnant. »

Le Diocèse aux Armées françaises met l'accent sur la paix : il y a des prières quotidiennes à cette intention, elle est évoquée à la messe et les sœurs s'associent à cette prière pour la paix. La chose a pris un relief particulier au moment des attentats terroristes survenus en France. S. Nancy s'est jointe au Diocèse et à des militaires représentant 38 pays pour un pèlerinage à Lourdes où plus de 4000 personnes se sont réunies pour prier pour la paix. « Ce fut une expérience intense, en accord profond avec la priorité des Sœurs du Bon Secours pour la nonviolence et la paix », confirme S. Nancy.

S. Nancy collabore étroitement avec S. Françoise Hétuin, coordinatrice de la communauté de la Maison mère, qui compte 10 sœurs. Mais la Maison mère, tient-elle à souligner, appartient à toute la Congrégation, et pas seulement aux sœurs de la France. S. Nancy travaille aussi avec Marie Madeleine Chopard, directrice de la communauté des Associés en France, laquelle collabore étroitement avec Amy Kulesa, directrice des Associés aux États-Unis. S. Nancy se réjouit tout particulièrement d'accueillir les réunions internationales de l'Équipe de Congrégation, ainsi que les autres sœurs et les délégations de notre système de santé, qui vont en visite à Paris. Par ailleurs, elle participe volontiers à l'équipe de planification de la Retraite Héritage qui aura lieu en juin a la Maison mère.

S. Nancy est particulièrement heureuse d'accueillir Nathalie Lindolo Ninga, candidate originaire de la République démocratique du Congo. Nathalie a fait deux ans de candidature avec les sœurs à Vendôme, où réside S. Jacqueline Rebours, directrice de la formation pour la France. En octobre, Nathalie va entreprendre deux années de noviciat aux États-Unis avec S. Elaine Davia, directrice de la formation pour les États-Unis. Voilà un autre exemple de notre mode de fonctionnement comme Congrégation unifiée.

« C'est une très belle expérience que de vivre à Paris et à la Maison mère, explique S. Nancy. Nos sœurs sont là depuis le milieu des années 1830, et la maison est profondément ancrée dans la tradition et dans l'esprit du Bon Secours. Il y a tellement d'histoire tout autour de moi, et je me sens toujours privilégiée, quand je me vois prier à la chapelle, de pouvoir bénéficier de cette opportunité extraordinaire. »

Sisters of Bon Secours Celebrate SR. DOROTHY BROGAN'S



5th/JUBILEE



Top left (l to r): Sr. Sara Gabriela Ruiz, Sr. Dorothy Brogan and Sr. Rosa Cristina Sanchez

Top right: Sr. Dorothy Brogan receiving communion.



Above (l to r): Fr. Joe Lacey, Sr. Pat Dowling, Sr. Alice Talone, Country Leader Sr. Rose Marie Jasinski, Congregation Leader Sr. Pat Eck and Adella Nowowieski (pianist).

BON SECOURS BALTIMORE HEALTH SYSTEM FOUNDATION

Health Careers Training & Placement Program: Patient Care Technician Pilot

The sisters have awarded **\$42,250** to the Health Careers Training and Placement Program to train at least 18 of the graduates of the successful Certified Nursing Assistant/ Geriatric Nursing Assistant Program to become Patient Care Technicians. With this new certification, the graduates will be able to work in hospitals as well as extended care facilities.

THE BOUTIK SANTE PROGRAM

The sisters have awarded **\$30,000** to provide affordable, accessible health products and services throughout rural Haiti using an efficient and innovative social franchise business model. Building on a successful pilot program, Boutik Sante will train and equip an additional 1,800 community health entrepreneurs who will each provide access to health products, services and information to over two million Haitians by 2020.

BON SECOURS MARY IMMACULATE HOSPITAL FOUNDATION

Incredible Years Program

The sisters have awarded **\$10,482** for travel expenses, curriculum and intensive training for two Family Focus staff to attend and bring the Incredible Years program to Bon Secours Mary Immaculate Family Focus Program. Incredible Years educates staff to promote emotional, social and academic competence in order to prevent, reduce and treat behavioral and emotional problems in children.

21

PROMOTING VOCATIONS IN GREAT

BRITAIN

Sr. Pat Dowling is heading a special Congregation task force to promote vocations in Great Britain. After six months of planning, Sr. Pat left October 1 to spend two months in Great Britain. Concentrating on London and Glasgow and working with parishes, diocese and faithbased organizations, young adult activities have been planned to introduce young adults to religious life and, more specifically, to the Sisters of Bon Secours.



Sr. Pat explains that there has been an upsurge in activities in Great Britain by dioceses to promote religious life. Sisters were sending her articles from newspapers indicating a renewed interest in vocations. She also noticed that she had followers from Great Britain on her Twitter account and found active chat rooms for women who were thinking about a vocation. Sr. Pat received an invitation to join one of these chat



rooms as people responded to her Facebook, Twitter and other social media posts. "Today, there is more excitement about religious life in Great Britain than has been seen in many years," says Sr. Pat. "This is one of the reasons the Congregation made the decision to place more emphasis on vocation efforts in Great Britain and Scotland."

Some of the activities planned this fall are a Come and See Weekend, similar to what is held in the United States, where single Catholic women who are wondering about religious life spend time with sisters and listen, share, pray and reflect on God's voice within the quiet of their heart.

A young adult retreat is being peer-led in London by the chair of the advisory board for the Sisters of Bon Secours' USA Young Adult Ministry, Erin Mackey. A Busy Student Retreat is also being explored at London Universities through their chaplaincy programs, which are equivalent to campus ministries in the United States. Individual meetings are scheduled with participating students and faculty, along with group gatherings, accommodating students' busy lifestyles. A volunteer service project, such as working in soup kitchens, is also being planned for young adults, giving them the opportunity to come together in service to the poor.

The Sisters of Bon Secours in Great Britain are now on Facebook. Sr. Pat helped the sisters create an Instagram account and Facebook page, and within three weeks, they had more than 60 followers. Sr. Pat is excited about spending two months in Great Britain and Scotland leading these vocation efforts.

This special vocation task force consists of Sr. Pat Dowling, Sr. Bernie Claps and Young Adult Ministry Manager Nick Stein from the United States as well as Sr. Bernadette Kwasna of Great Britain, and Srs. Bridget O'Sullivan and Fedelina Berrú and Young Adult Leader Anne-Marie Whelan from Ireland.

INTERNATIONAL VOCATION COMMITTEE MEETS IN DRRT

For more information on discerning life's choices and one's vocation in life, contact Sr. Pat Dowling, vocation director for Sisters of Bon Secours. Also, consider going to a Come and See Weekend to learn more about the life of a sister and how they discerned their vocation. CBSVocations@bshsi.org 410-442-3171

Srs. Pat Dowling and Bernie Claps, representing the United States, traveled to Peru this past summer to attend the first face-to-face meeting of the Congregation's International Vocation Committee held in Trujillo. The committee drafted Vocation Policies for the Congregation, evaluated the discernment process, shared country vocation efforts, and reviewed the 2017 Vocation Strategic Plan while planning for 2018-19. There are eight sisters on the committee representing the United States, Ireland, France and Peru.

"The best part of the trip was having the opportunity for the members of the Vocation Committee to get to know each other better and team build, and to have the opportunity to spend time with our Peruvian sisters," says Sr. Pat, committee chair. The committee also had a chance to do some touring, visiting two archeological ruins of the Chimu Kingdom, dating back to 850 A.D., and they even had the opportunity to celebrate Peruvian Independence Day. The work of the International Vocation Committee truly personifies the internationality of the Congregation.



2018 Come & see Weekends

> March 16-18 July 13-15 October 5-7

Come and See Vocation Weekends are for single, Catholic women ages 18-48, who wonder about religious life as a Catholic sister and are searching to understand their vocation in life. Spend time with sisters and listen, share, pray and reflect on God's voice within the quiet of your heart. Come with your questions and desires for a place to share and discover God's call in your life. For more information, contact Sr. Pat Dowling at 410-442-3172 or email us at CBSVocations@bshsi.org. Also, check our website for dates and times of our chat room discussions.

Visit our websites at BonSecoursVocations.org and LifeAsASister.org





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Imagine a Sister's Life

NATIONAL DIALOGUE

RENEWS YOUNG ADULT MINISTRY EFFORTS

By NICHOLAS STEIN Director of Young Adult Ministry

Nearly 100 leaders in youth and young adult ministry, representing dozens of national organizations, dioceses and movements from across the nation, gathered in Chicago this past September for the inaugural meeting of the National Dialogue on Catholic Pastoral Ministry with Youth and Young Adults National Leadership Network. Sr. Sara Gabriela Ruiz Espinoza, Sr. Bernadette Claps and Nicholas Stein, program manager of Bon Secours Young Adults, were in Chicago to represent the Bon Secours Young Adults and the commitment of the Sisters of Bon Secours to young adult ministry, as part of the Leadership Network.

At the center of building a more peaceful world; of finding peace in our hearts, in our streets, cities, and countries; of encouraging unity in our Church and in our polity, is dialogue and encounter. As Pope Francis tells us, "If there is one word that we should never tire of repeating, it is this: dialogue. We are called to promote a culture of dialogue by every possible means and thus, to rebuild the fabric of society. The culture of dialogue entails a true apprenticeship and a discipline that enables us to view others as valid dialogue partners, to respect the foreigner, the immigrant and people from different cultures as worthy of being listened to. Today we urgently need to engage all members of society in building 'a culture which privileges dialogue as a form of encounter' and in creating 'a means for building consensus and agreement while seeking the goal of a just, responsive and inclusive society.' Peace will be lasting in the measure that we arm our children with the weapons of dialogue, that we teach them to fight the good fight of encounter and negotiation. In this way, we will bequeath to them a culture capable of devising strategies of life, not death, and of inclusion, not exclusion." (Excerpted from Pope Francis' address upon receiving the Charlemagne Prize on May 6, 2016 with quotes from his 2013 Joy of the Gospel.)

Through the recognition of the innovation and work of Bon Secours Young Adults, I was appointed chair of the United States Conference of Catholic Bishops National Advisory Team on Young Adult Ministry. In that capacity, I serve on the central Planning Committee of the *National Dialogue*, bringing the values and charism of Bon Secours into the center of the conversations about the future of ministry with young people.

The *National Dialogue* formally began this past July at the Convocation of Catholic Leaders in Orlando, Florida. It arrives at an extraordinary time in the Church for young people. Pope Francis has called for a Synod on Young People to occur in October 2018. Additionally, the U.S. Church is currently engaged in the Fifth National Encuentro on Hispanic Ministry, to conclude in September 2018, emphasizing the gifts and needs of the young adults in our midst. Finally, organized ministry to people in their 20s and 30s is exploding and finding much-needed support. The Sisters of Bon Secours have been helping to make this a reality and are a leading voice in this moment.



THE CATHOLIC IMAGINATION:

SAINTS AMONG US RETREAT

Often, we embark on our spiritual journeys forgetting that many men and women have walked the path of faith before us. How do we learn from them? How do we move past biographies and prayer cards to consider the joys and challenges these holy people experienced while striving for justice and peace? The Catholic Imagination: Saints Among Us Retreat was an opportunity to reflect on some of these extraordinary lives among peers in their 20s or 30s. People of all faiths were welcome.

This was not your typical retreat. While there was a talk or two, retreatants spent most of the day in hands-on, smallgroup workshops, grappling with ways to integrate lessons from saints—both canonized and not—into their lives. The day also provided retreatants with ample time for personal reflection, community building and plenty of reading and crafting materials to facilitate contemplation on the saints among us.

For more information on the Young Adult Ministry, contact Nicholas Stein at Nicholas_stein@bshsi.org or visit www.bonsecoursyoungadults.org.



NTRODUCING OUR NEW CANDIDATE

In the last issues of *Focus*, you read about the candidacy process in initial formation. In this issue, we are pleased to introduce you to Jennifer Doyle who entered the Congregation of Bon Secours on June 18, 2017, and is currently a candidate in initial formation. "The initial formation process for a candidate can take up to two years, after which time she can become a novice," explains Sr. Elaine Davia, director of formation. Candidates work in a ministry, often in Bon Secours facilities and programs, take classes in faith and prayer, live in community and integrate their spiritual, ministerial and personal life with the life of the community. They also attend inter-congregational formation weekends with other candidates, novices and temporary professed sisters in the initial formation process.

Jenn shared her story with us. She went to Catholic school in Dunmore, Pennsylvania, run by the IHM sisters. When she was in second grade, she came home and announced she wanted to be a sister. As the years went on and life got in the way, that thought was put on the back burner. She always was, however, involved with parish life, including being an altar server and student leader in the youth group. Jenn attended Marywood University, also run by the IHM sisters, and she believes God had a hand in her college choice. Jenn was active in campus ministry and did several service trips, one to St. Lucia and others to Kensington, Pennsylvania, Staten Island, New York and North Carolina. She received the Piznar Medal for

service and leadership while in college, where she graduated with a degree in family consumer science and religious studies.

Jenn taught Confirmation in her parish for 14 years and was also the director of vacation Bible school. As she taught the children about trusting in God, it struck her that she also needed to trust in God. As full as her life appeared, something was missing. She then embraced spiritual direction for six months after which she filled out an online quiz entitled Vocation Match that matches a person with different religious communities. She was matched with several communities and, after much prayer and consideration, chose five communities to look at more intimately. Bon Secours was fourth on her list.

Meanwhile, Jenn had been chatting with Sr. Pat Dowling, vocation director for the Sisters of Bon Secours, through Sr. Pat's chat room, and Sr. Pat invited her to visit Marriottsville in June 2014. Upon her arrival, the sisters made her feel right at home. Jenn says, "They were real. I felt like I had come home. I felt I got to know them as individuals."

"I left and prayed about religious life and the Sisters of Bon Secours for a few months and started discerning

CANDIDATE

JENNIFER DOYLE

FELT LIKE SHE HAD COME - with Sr. Pat in January 2015. During that time, not only did I feel like I had Sr. Pat as my advocate, but I even did a service trip in New Jersey with Srs. Fran Gorsuch and Rose Marie Jasinski. After that trip, I felt even more connected to the community. I finished the discernment process after Christmas in 2015 and applied to be a candidate in early 2016. I put my trust in God and was accepted into the Congregation and entered on Father's Day 2017, three years after my first visit to the Sisters of Bon Secours."

After a five-week orientation with Sr. Elaine Davia, Jenn entered more fully into the initial formation process. With a master's degree in social work, she is working in West Baltimore at Bon Secours Community Works, a program of Bon Secours Baltimore Health System. Jenn is a family advocate in their Early Head Start program, advocating for parents' needs and empowering them to work with their children. She resides in Marriottsville with Sr. Mary Shimo and says, "At the end of every day, I go to bed with a smile on my face knowing I am exactly where I am called to be and that God is meeting me every step of the way."

COMMUNITY-BUILDING

AS

pathway DEACE

By Amy Kulesa Director, Bon Secours Associates



Associates Catharine Moore and Dorothy Burkhardt posed with a statue of St. Francis of Assisi while attending a workshop on Associate community at the Motherhouse of the Philadelphia Sisters of St. Francis.

In this issue of Focus, pathways to peace are being explored as an integral part of the mission of the Sisters of Bon Secours and their many ministry outreaches. As collaborators in mission and ministry with the sisters, the Associates participate in the Congregation's peace and justice initiatives as an expression of their commitment to live the charism of compassion, healing and liberation in a world so in need of these gifts. Needs also arise in Associates' local communities that call forth their individual responses. Pope Paul VI famously said, "If you want peace, work for justice." The two are intertwined. Bon Secours Associates pursue peace in initiatives to better the lives of those in their community and around the world. This takes many forms: serving in healthcare ministry, care to the urban poor, outreach to those transitioning back into society after incarceration and to those currently in prison, raising awareness of and battling human trafficking, ministering to the dying and their families, and being a presence of peace and understanding in communities and families. This article focuses on an aspect of peacemaking and justice that receives less emphasis but is a fundamental building block of a just and peaceful society.

This fall, the Bon Secours Associates held their annual retreat in Marriottsville with the theme "Nurturing Communities of Prayer and Intimacy." This may seem, at a glance, far afield from political issues of peace and justice. However, upon reflection, we find that this is where peace begins. Fragmentation in forming sustainable, supportive community and the accompanying alienation people experience when they lack a sense of belonging are a hidden but potent source of the violence, unrest and despair we see manifested around the world. During the retreat, led by Fr. Patrick Besel of the Archdiocese of Baltimore, the Associates identified what creates connections between people in the context of small faith community. By extension, the larger and more complex task of nurturing authentic community in our cities, towns and religious groups has the potential for great healing and liberation, creating communities where people feel accepted and welcomed as they are, with their gifts, challenges, wounds and divinely-created uniqueness. This more challenging and underlying pathway to peace is one gift intentional community in its many forms—such as religious life, the Associate movement and other models— offers the world.

Community-building on a small scale is a witness to society about how we can sustain a just and peaceful world. Community is a place where we can practice respectful communication, receive loving and honest feedback about how we are interacting with others, where we confront, up close, our faults and those of others and where we learn through this the value of mercy and forgiveness. These are not easy practices, but they are essential pathways to peace. A conviction of Mahatma Gandhi, who established small communities built around nonviolent interaction, was that practice on a small scale enables us to be able to speak with integrity in healing the issues of breakdown of community on a larger scale in society. The witness of small communities committed to these practices points the way. We belong to each other. Peace and community remain elusive, while families, ethnic groups and nations relate in a way that elevates the status and dignity of some at the expense of others. The difficulties experienced by marginalized immigrant groups and the explosive anger of young immigrants as they seek to find a place in an often hostile dominant society are current examples of the need for welcoming community. How do we become more transparent and vulnerable to one another? There are no easy answers to these questions, but injustice creates both inner and outer environments of anger, fear, low self-esteem and distrust: all antithetical to authentic pathways to peace. There is no way peace can grow or thrive within persons or communities who lack what is needed to feel secure, valued and understood. Life in Associate community, in collaboration with the sisters, is a humble contribution to our society's great need to witness authentic, Gospel-centered, counter-cultural models of being together around a common mission. It is one manifestation of the Bon Secours commitment to be a compassionate, healing presence in our world. This witness is a pathway to peace, and for Associates, it is a source of healing and liberation for individuals longing for a deeper connection with God, and one another, that opens deeper places within themselves.

> YOU CANNOT SHAKE HANDS WITH A CLENCHED FIST. – INDIRA GANDHI

COMMITTED TO WORKING FOR PEACE AND JUSTICE —

At the heart of Bon Secours Volunteer Ministry (BSVM) is a commitment to work for peace and justice. We believe that peace is a grace, a gift that we receive from God. Opening our hearts and choosing to stay in right relationship with others, even when conflict occurs, is one way that we make ourselves available to receive the gift of peace. Our relationships deepen, and this love and respect extends, reaching out beyond ourselves and our immediate community. We pray that our volunteers receive the gift of peace and that they share it with all they meet as they build relationships within their BSVM community and the community of Southwest Baltimore.

> By OLIVIA STEBACK Program Manager Bon Secours Volunteer Ministry

BSVM alumni Alicia Manteiga reflects upon the ways she experienced peace-making in Southwest Baltimore by sharing about the people and places of Baltimore that foster peace. Following her year of service, Alicia served with the Peace Corps in the Dominican Republic. When she returned, Alicia pursued a master's of public health at Washington University in St. Louis, Missouri. Currently, Alicia resides in St. Louis and works for peace in her professional life by serving within an organization that makes it possible for children in need to receive life-saving surgical procedures.

witnessed many ways, large and small, in which bridges of peace were built to unify the community in Baltimore. Education and health outcomes are crucial to creating just systems that foster peaceful communities. The individuals and organizations I interacted with addressed both areas.

REFLECTIONS

FROM ALICIA MANTEIGA, BSVM 2008-2009

The Sisters of Bon Secours strive to achieve healthy equity in Southwest Baltimore. In a city where life expectancy can vary up to 30 years by zip code, a commitment to the health of the poor and neglected is a commitment to peace. The health system provides urgent care and invests in programs that emphasize preventative health. While I lived in Southwest Baltimore, I attended cooking classes for persons with hypertension, received access to the hospital's low-cost gym membership and learned of programs that offered primary care checkups and referrals to the un- and under-insured. All of these programs demonstrate the commitment of the Sisters of Bon Secours to healing and health. The sisters and the Bon Secours Health System ensure the hospital is open to serve the community. It remains open, not for profit, but for peace.

At my ministry placement site, the Sisters Academy of Baltimore, the staff worked tirelessly to ensure that students' education was not limited because of the location of their birth, the color of their skin or their





economic status. Two staff members in particular, Sr. Debbie Liesen, SSND, and Sr. Virginia Marie Brun, SSND, inspired me to work for peace. Every day they arrived before anyone else, worked the full 10-hour extended school day and were the last to leave. I often think of how they approached each day, task and crisis, with a sense of calm and a dedication to the well-being of the students.

My fellow BSVM community members continue to inspire me. From my 2008-2009 BSVM cohort, Crystal Truong cares for geriatric populations; Alex Meyer is a doctor in St. Louis; Jonathan Bettle is a nurse in Baltimore and Allison Bombard serves as a social worker. These individuals could get jobs anywhere, yet they pursue careers that further social justice, and in doing so, they help construct bridges of peace in their communities.

The year I spent in Baltimore provided insight into the amount of work and dedication it takes to commit to the decidedly unglamorous work of achieving peace. It cemented my desire to pursue peace wherever I land, as I am certain it does for every individual fortunate enough to be a part of Bon Secours Volunteer Ministry.

WELCOME

New Bon Secours Ministry Volunteers We extend a warm welcome to our new 2017-2018 Bon Secours Ministry Volunteers. In the reflections that follow, BSVM volunteers speak of the peacemakers in their lives that inspired them to commit to a year of service. We hope after reading their reflections, you are inspired to continue to grow peace in your hearts, families and communities.



BEATRIZ CUEVAS Stanford University Hometown: Oakland, California Patient Liaison, *Renal Department* Bon Secours Baltimore Hospital



RUBY MILLER Stonehill College Hometown: Smithfield, Rhode Island Program Assistant, Tele-Heart Program Bon Secours Baltimore Hospital My friends Norma Gonzalez and Amy Harris influenced my decision to commit to a year of service. I met Norma my senior year of college. She was involved with the Catholic community at Stanford and often invited me to attend Catholic social events, leadership meetings and service immersion trips.

Through these events, my faith grew stronger, and I made many new friends, including Amy, who had just completed a year of service with

How do I name a single person? From pastors, Sunday school teachers, coaches and music mentors, to the loving guidance of my parents and family, I have been inspired by so many people. I like to think of them as angels among us.

Doreen, the volunteer coordinator at my local soup kitchen, has influenced me with her peacemaking presence. At five feet tall, she does not appear a likely candidate to the Jesuit Volunteer Corps. Learning about her experience inspired me to commit to a year of service as well. Both Norma and Amy are warm and welcoming people who care deeply about creating spaces in which everyone feels like they belong. I am grateful for their friendship, support and encouragement as I begin my year of service.

maintain order among the rowdy clientele, but she commands enormous respect. She is admired and loved by all because she treats everyone as her neighbor. To her, the people clamoring in line for used clothes and lining up for a warm cup of coffee are family with whom she has shared sorrows and joys. Through her compassionate and caring actions, I see Jesus working to meet the everyday needs of the hungry and forgotten in our community.



ELIZABETH TITTLE

Villanova University Hometown: Metairie, Louisiana Child Care Aid Family Support Center Bon Secours Community Works



NARDA SALINAS

St. Edward's University Hometown: Austin, Texas Patient Liaison, Family Health and Wellness Center Bon Secours Baltimore Hospital



SAM TING Loyola Marymount University Hometown: Brea, California Patient Liaison Patient Advocacy and Service Excellence Bon Secours Baltimore Hospital I met my friend Sam during my sophomore year of college participating in Service Learning Community. Sam changed my Villanova experience for the better and inspired me to pursue a year of service. The qualities I admire most are her generosity, self-giving and kindheartedness. Sam is passionate about learning and knowledge, especially when it comes to issues of peace and social justice. We would talk, sometimes for hours, about the inequalities of the educational system or the importance of livable wages. These conversations were so enlightening. It made me want to surround myself with a group of like-minded individuals, and ultimately, it led me to committing to a year of service.

A year ago, Liza Manjarrez, an associate director of Campus Ministry at St. Edward's University, asked me to consider a year of service after graduation. Liza works with students engaging in local service or on Service Break Experiences. Always inclusive and openminded, she helps students reflect on what service means to them and then helps them find the tools to build community, engage spirituality, live simply and work for peace and justice. Over the years, she has made strong connections with students and communities around the country and the world. Knowing her year of service had a lasting influence on her life cemented my belief that it was the right path for me.

My parents are the most supportive and caring people I know, and at the same time, they have consistently pushed me to be better. I was inspired to do a year of service because of their gracious and loving attitudes for everyone they meet. We traveled to Taiwan this summer, where both my parents were born and raised, and I began to understand and appreciate them in a completely different way. Learning about my parents' difficult childhoods revealed how courageous they had been to travel across the world to the United States, just so my sisters and I could have the best opportunity to succeed. My parents' love and commitment drive me to reciprocate through my actions and service and follow their model of peacemaking.



CLAIRE KIMILU Villanova University Hometown: Philadelphia, Pennsylvania Patient Liaison Behavioral Health Bon Secours Baltimore Hospital

In the midst of constant headlines underscoring a world plagued with hatred and violence, I am often overwhelmed with how to move forward in sowing seeds of peace. Who are our peacemakers? For me, they are my parents, who exposed me to people from all walks of life and taught me that we are all connected as one family. They are my professors and mentors who continually gave me a platform and equipped me with the skills to respectfully converse with those holding varying views. I am also inspired by everyday teachers—the cashier at the supermarket, the nurse at the doctor's office, the concerned fellow parishioner-who in simple word and action touch me with their genuine care and display of God's love. They are my signs of hope.

PEA Through



Now more than ever, our world needs people of deep prayer. "We have seen that the powerful effects of prayer are the work of God in us," say Kathy Quinn Anderson and Susan Flynn Boruff, the presenters of the "Healing Our Broken World through Deep Prayer" workshop offered at the Bon Secours Retreat and Conference Center. We live in a time where it seems as if division and chaos reign. Yet, God has created a universe that is welcoming, safe and peaceful. "We don't feel it, because we don't take the time to be still with God and ourselves," says Kathy.

"It is impossible to deal with the conflicts of the world when you are not at peace within yourself," says Susan. We need to cultivate periods of intentional silence in our lives for our own healing and the healing of the world. In the deep place of prayer, our internal divisions and fears are healed, and our will becomes aligned with God's will instead of our ego. "When we really know that the world God created is benevolent and here to support us, we feel safe, and we let down our arms," says Kathy. There is no more fighting, no more negotiating, no more defending ourselves and our territories. Peace comes when we realize we are part of a greater whole of rhythm and flow manifested by the work of the Trinity.

"Every time we facilitate a retreat that focuses on cultivating intentional periods of silent prayer, we witness the power of the
Kathy Quinn Anderson is a retreat and workshop leader and planner of 15 years. She completed the Leading Contemplative Prayer Groups and Retreat Program at The Shalem Institute for Spiritual Formation in Washington, D.C., and is a Dale Carnegie graduate and Stephen Leader.

Susan Flynn Boruff is a certified spiritual director, retreat guide and meditation practitioner of 17 years. She completed the Spiritual Guidance Program at the Shalem Institute for Spiritual Formation in Washington, D.C., and training in Bio-Spiritual Focusing Therapy and Stephen Ministry. She also studied with a Zen Buddhist.

PRA YER

Holy Spirit," says Susan. The peace and calmness that many retreat participants experience for the first time reveals the need for deep prayer practices in their lives. Deep prayer has a powerful transformational impact on ourselves, our families, our communities and the world. It is admired by many, but how to access it is seldom taught. "It takes tremendous courage, vulnerability and humility," says Kathy. "Our workshop provides a safe, welcoming and accepting space to begin this journey."

> Visitors to the Centennial Peace Garden are invited to pray for peace. Photo by Steve Spartana.



THE FORMATION of SPIRITUAL DIRECTORS

By Kathleen Hope Brown, D. Min.

To be heard and understood is one of the deepest longings of the human heart. When a person experiences difficulties, whether spiritual or emotional, it is frequently to a minister of the church that they initially turn. The safe space that a minister offers can be like a sanctuary, a place where they are respected, accepted and treated with love.

There is a growing need for ministers in the church who can walk with others in their journey of faith. People come to church ministers in times of crisis, at times when they need spiritual companionship through discernment, struggle or grief or when they seek longer-term spiritual direction in order to deepen their relationship with God. The skills of spiritual direction are transferrable to many other kinds of pastoral ministries – chaplaincy, crisis intervention, pastoral counseling or facilitating faith-sharing groups. Each of these ministries requires the art and skill of spiritual companionship – attending, listening and responding.

For ministers who work in church settings, it is important not only to cultivate the skills of spiritual direction, but to situate this ministry within our theology – that is, our belief that the Holy Spirit dwells in the heart of each person and that each person is made to be in relationship with God. It is also crucial that the minister nourish his or her own spiritual life, since that is what in turn feeds the ministry. The formation of spiritual directors involves all of these components.

The Sisters of Bon Secours understand there is a need to form spiritual directors, both lay and ordained.



Sr. Bernadette Claps invited me to create a program that would meet that need. We decided the program would consist of three one-week intensive courses. The first intensive course recently concluded, and the response exceeded expectations.

A new training program will begin next year with the first week scheduled for May 20-25, 2018. For more information, visit RCCBonSecours.com or email Jennifer Murphy, manager of retreat services, at Jennifer_Murphy@ RCCBonSecours.com.

> Kathleen Hope Brown, D.Min., is an adjunct professor of spirituality at Virginia Theological Seminary in Alexandria, Virginia, and spiritual integrator at St. Luke Institute in Silver Spring, Maryland. She has a doctorate in adult spiritual formation from Catholic University.

2018: BON SECOURS RETREAT & CONFERENCE CENTER'S 50TH ANNIVERSARY!

Join us as the Bon Secours Retreat and Conference Center celebrates its 50th anniversary in 2018 and hosts a packed schedule of popular speakers and retreat leaders including Bro. Mickey McGrath, Sr. Simone Campbell, Dr. Johnny Parker, Fr. Nicholas Amato, Sr. Maureen Conroy, Sr. Carol Marozzi, Robert Ellsberg, Michael Fonseca, Fr. Bob Albright, Edwina Gateley, Carrie Newcomer, Wil Hernandez, Sr. Joyce Rupp, Carol DeLaski and many more! We offer many day options in addition to the overnight retreats listed here.

Winter Directed Retreat 3-Night Option Guided by Sr. Bernadette Claps and Jackie Antkowiak January 12 – 15

Winter Directed Retreat 6-Night Option Guided by Sr. Bernadette Claps, and Sr. Gail DeMaria, CSP January 12 – 18

Making All Things New Guided by Paul Gallagher January 19 – 21

A Lenten Retreat on Forgiveness Guided by Kathy Quinn Anderson and Susan Flynn Boruff *February 9 – 11*

At the Name of Jesus Guided by Bro. Mickey McGrath February 23 – 25

National Catholic Sisters Week Retreat Overnight Option for Day Retreat Guided by Sr. Simone Campbell, SSS *March 8 – 9*

Turn the Page Guided by Dr. Johnny Parker *March 23 – 25* Triduum: Holy Week Retreat Guided by Fr. Nicholas Amato and Fr. Michael Schleupner March 29 – April 1

Going to God Together – Silent Women's Retreat Guided by Fr. James Lockman *April 6 – 8*

Angels in the Life of Jesus & Surrounded by Angels Guided by Sr. Maureen Conroy, RSM April 17 – 18

Living in the Present Moment Silent Retreat Guided by Sr. Carol Marozzi, SSJ *April 22 – 25*

Please visit www.RCCBonSecours.com for details or call the Welcome Center at (410) 442-3120 to request a current issue of Bridges magazine with the complete schedule.

POPULATION HEALTH

PROVIDES PROVIDES OF

on Secours Health System lives the mission of the Sisters of Bon Secours every day by providing people peace of mind about their health. Yes, they help people who come to the emergency room or need surgery; they help both inpatients and outpatients; but equally important is the goal to improve the quality of care and health of individuals in a community, while reducing overall health care costs. This initiative is called Population Health and is the proactive application of strategies and interventions for specific high-risk populations. Population Health initiatives help ensure at-risk individuals have access to the continuum of care they need and to people who can help them navigate the health care system. Bon Secours' emphasis on Population Health is consistent with the health system's traditional person-centric approach. Its health care environments are designed for the well-being and convenience of the patient, rather than the health care facility. The Population Health focus moves the person-centric approach outside of the health system walls and into the community.

According to Mark Nantz, executive vice president of strategy for Bon Secours Health System, "It is no longer enough to just provide good care to people who come to our facilities. We now have a responsibility, both ethically and financially, to people before they arrive and after they leave our facilities. Is a patient's recovery on-track? How can we help improve the health of a person with diabetes so they aren't hospitalized? Is a patient taking their much-needed medication? Is someone putting off basic health care because they do not have transportation or are worried about safe housing and food for their family? Our role will increasingly encompass the environmental, social and physical issues that fundamentally impact a person's health and peace of mind. This change aligns perfectly with the mission of Bon Secours to give 'Good Help to Those in Need'® and the principles of Catholic health care, which emphasize the importance of holistic care."

"Bon Secours is committed to providing quality value-based care, where the health system is encouraged and incentivized to keep people healthy and prevent unnecessary hospitalization. Managing greater than 200,000 at-risk lives across the health system, including 100,000 Medicare beneficiaries, Bon Secours takes responsibility for all the health care and wellness needs of its patients with the goal of building healthy communities," explains Jeffrey Gill, program manager, Planning and Business Development for Bon Secours Health System.

Bon Secours knows it cannot do this alone, and each of their markets embraces partnerships with other health care organizations to provide services it does not offer in a market. For example, Bon Secours partners with long-term care facilities for post-acute care for some of its most vulnerable populations and manages the transition to a nursing home as well as follows patients once in a facility to be sure they are getting quality care. In some instances, Bon Secours sends skilled nurses into the home to help the patient even if there is not reimbursement available.

Working with physicians, nurses, clinicians, care managers and other hospital systems to improve quality and provide holistic care to the patient, Bon Secours has formed Clinical Integrated Networks (CINs). A key to CINs are nurse navigators and community care managers who help patients navigate the health care system and the resources available to them in both the health care arena and in the community, ensuring they are getting the correct care in the correct place. For the Medicare and high-risk populations especially, Bon Secours works to communicate the importance of preventive medicine, attending wellness programs and getting an annual physical. Bon Secours wants people to have a proactive health care plan to help them manage their

health all year long with the help of a care manager or nurse navigator. This is a huge step in giving people peace of mind.

"The Sisters of Bon Secours began their work in America by delivering personalized care in the home. Our population health work is built on this important foundation of delivering care when and where it is needed. We have built tools and access points to be partners in care and to improve the health and well-being of our communities, from annual wellness visits and plans of care to MyChart and care management. We are committed to delivering on Population Health," says Marlon Priest, M.D., executive vice president/chief medical officer for Bon Secours Health System.

Bon Secours also recognizes the importance of keeping its employees healthy and giving them peace of mind about their health and well-being. To this end, Bon Secours provides care managers for its employees to ensure healthy lifestyle choices, preventive health care, wellness programs and interventions when they are sick. This program, called BeYourBest, is a systemized approach to health and wellness resources and provides a comprehensive wellness portal that is available to employees on their computers and mobile devices. They can, for example, register for on-site lab appointments and biometric screenings, get access to a health care coach, find wellness articles to read or

REASONS POPULATION HEALTH IS NOT A CHOICE ANYMORE

1. Health care spending is ever-increasing

- 2. The way providers get paid is shifting
- 3. Our nation's aging population is growing rapidly
- 4. None of us can go it alone; we are smarter together
- 5. Community health disparities are worsening
- 6. Health care providers struggle to reduce inefficiencies and unnecessary work, often the result of disconnected or episodic care
- 7. Individuals are becoming more price sensitive and savvy
- 8. The cost of practicing medicine is rising and physicians are burning out
- 9. Health care is in the midst of fundamental change

speak to a wellness advisor who can provide referrals to other programs and resources.

"We want to have 'concierge service' available to our employees to help them manage chronic conditions, get referrals and assist with anything that impacts their spiritual, financial, social, physical and emotional well-being," says John Bowe, director of system benefits and employee well-being for Bon Secours Health System. We know that it is our employees who allow us to make a positive impact on our communities, and we want to be cognizant of the importance of their well-being to help them not only be successful, but flourish."

GINA FLECK

TERRI MCNORTON



Gina Fleck joined the Bon Secours Volunteer Ministry staff as a vounteer recruiter after doing a year of service in Baltimore. She shares her enthusiasm with young adults discerning their next steps and encourages them to take the leap of faith to dedicate a year to living and working in southwest Baltimore.

Whether I'm passing by Sr. Rosie while she carries a guest's towels from the pool to the laundry room (a task definitely not in her job description), trying to catch my breath from laughing at one of Sr. Fran's jokes at the expense of her cat, or pondering Sr. Alice's thoughtfulness regarding décor ideas for my office, I am always

struck by one thing: the sisters' overflowing joy. They wonderfully model what it looks like to serve God and have a great time doing it. Their holy joy, which I believe comes from their "commitment to justice in radical solidarity with the poor, the suffering, and those most in need," inspires me to try to live joyfully as well. As we work for social justice, we often get so frustrated things aren't changing that we become angry. The sisters on the other hand, without trivializing the seriousness of the world's problems, know the Gospel means "good news," and they act like it! I am so glad to be a part of the Bon Secours Volunteer Ministry, where the work feels like a labor of love. Naturally joyful, I have become more joyful working here. This has been the case for many volunteers, staff members and the wider Baltimore community as well. I'm forever grateful for their love and joy!



Terri McNorton is the vice president of corporate communications for the Bon Secours Health System. She joined the Bon Secours family in 2016, after having previously worked at Ochsner Health System in New Orleans.

From the moment I joined Bon Secours, I was able to see this is a truly unique and special organization. The people are incredibly compassionate, generous with their talents and committed to our mission of being "good help." The sense of serving a higher purpose permeates every level of Bon Secours, regardless of role, religious background or tenure. I feel privileged to be in a position to interact with so many amazing, passionate people and to help them share their stories across the organization and in the communities we serve."

JENNIFER MURPHY

STEPHEN TALUJA



Jennifer Murphy serves as the retreat manager for the Bon Secours Retreat and Conference Center in Marriottsville. Within this role, Jen creates spiritually enriching retreat programs for the public to attend. Jen seeks out retreat presenters, works with these presenters on topics and then creates the format for day, weekend or week-long retreats. She markets the retreat schedule and takes care of logistics for each retreat to be carried out at the Center.

I am honored to be in a role that fulfills the Sisters of Bon Secours' retreat ministry, a ministry of healing hospitality. This generous program gives the general public the opportunity to be inspired and healed through the sacred space of our Center and through the gifted presenters who I have the pleasure of working with. In our busy, noisy world, these guests come seeking a quiet connection with their Creator. They often graciously share their peace and blessings with me while they visit.

The Sisters of Bon Secours have always been innovative and diligent in their ministries, and the Retreat and Conference Center is another example of this beacon of hope for those in need. This ministry and the Spirit's presence in our retreat work always amazes me! I'm so blessed to serve in this role, doing my small part to offer "good help" through retreat planning.



Stephen Taluja is the director of ministry formation at the Center of Ministry Leadership (CML) for the Bon Secours Health System. Stephen works with the CML staff to advance organizational spirituality for all health care ministers in the organization.

The Bon Secours Health System is deeply committed to the formation and development of all its employees. My role frequently allows me to talk about the stories and the history of the Sisters of Bon Secours. Hopefully this inspires others to follow in their footsteps in continuing the healing ministry of Jesus.

One of the sisters of Bon Secours often shares a story

that the sisters' prayer for more vocations has been answered, but not in the way they expected. They have come to realize their prayers have been answered in the growing number of employees in the health system that contribute by accomplishing the mission of Bon Secours in the world. Through reflection, prayer, inner work, individual and communal activities, the work of formation focuses on inspiring employees to see their work as a true vocation and call from God to continue the work of bringing healing, compassion and liberation to our patients and the communities in which we serve. I am personally inspired by the stories and the work of the sisters, their vision of the world, and their commitment to create a more humane and just world, especially by focusing on the care of the most vulnerable and advocating for their rights in myriad ways. As one involved in the work of formation, I feel privileged to share their vision with others.

Welcome to *Sr. Eileen O'Connor* from Ireland. She is spending one year in a Clinical Pastoral Education program at St. Francis Hospital in Charleston, South Carolina.

We welcome *Liz O'Neill and Liesel Rupprecht*, new faces at the Leadership Office in Marriottsville.

Liesel Rupprecht is the program coordinator for the Associates and Volunteer Ministries. She has 15 years of event management experience in both the for-profit and non-profit sectors. Her previous employers include the Walt Disney World Company, the Success for All Foundation and OneMain Financial. She has managed meetings, conferences and events ranging in size from 20 to 2,000 people throughout the country.









Liz O'Neill in Haiti with her camera and recorder capturing stories after the 2010 earthquake.

Liz O'Neill is the director of communications for the Sisters of Bon Secours, USA. She will be assisting the sisters' various ministries, including Bon Secours Volunteer Ministry, Bon Secours Associates and the Vocation Department, with their photography, video, media and marketing needs. Prior to joining the sisters, Liz was in broadcast news for 20 years covering stories around Baltimore and Washington, D.C. She jumped into the non-profit world in 2006 and spent six

years traveling throughout the Middle East photographing and writing about important issues affecting poor and marginalized communities. She also traveled to Asia and Haiti to cover natural disasters, such as the devastating 2010 Haiti earthquake and 2014's Typhoon Ruby in the Philippines. Now, her office is in Marriottsville, and she couldn't be happier!



frontline of <u>PEACE AND</u> JUSTICE:

RIOBAMBA, ECUADOR, 1994

In June 1993, the Sisters of Bon Secours, USA, sent three of their own to Ecuador to carry out a mandate of the 1991 Provincial Chapter—to provide services for the care of the poor. Srs. Dorothy Brogan, Peggy Whiteneck and Patricia Dowling staffed a mission in the parish of La Primavera, in the city of Riobamba. The ministry included running a priestless parish in a barrio of 6,000 people and opening a health clinic, pharmacy, lab and dental office. The Sisters of Bon Secours stayed until 1997.

In June 1994, Sr. Pat found herself on the frontlines of a social and political revolution in the countryside.



Riobamba is a market city in central Ecuador, surrounded by peasant farms and indigenous communities. For twenty days in June, the city provided the central backdrop of a fight between indigenous people and the government over land ownership. Sr. Peggy left for the United States just prior to the conflict, and Sr. Dorothy, who was



outside the country, could not get back in. As the sole Sister of Bon Secours in Riobamba, Sr. Pat kept a daily diary of the tumultuous events and her quest for peace and justice for the poorest Ecuadorans.

Sr. Pat's diary starts on June 8, when she is "breathlessly" invited by a neighboring pastoral worker to participate in a community meeting about a newly passed Agrarian Law. Several priests, religious sisters from other congregations and lay leaders met with Luis Macas, president of the National Conference of Indigenous of Ecuador, to plan how to resist the law. For peoples whom the land was "their identity and 'alma,' soul," Macas told the attendees, the new law would destroy collective ownership and replace indigenous farmers with agro-business. Like the others at the meeting, Sr. Pat was convinced. "I question the justice of this law for the sake of development." Would the government provide the needed capital or technology to poor landowners to start large, commercial farms, or would "it force them off the land, so that agriculture falls into the hands of big business?"

Yet, Sr. Pat was unsure about Macas' method for combatting the law: el levantamiento, the "uprising." In 1990, the indigenous community engaged in a levantamiento and forced the government to negotiate,





WE NEED TO INCLUDE THE EXCLUDED AND PREACH PEACE.

- POPE FRANCIS



and there was a week of chaos and bloodshed. "That it forced the government to dialogue and to find new ways to work with the indigenous is to be applauded, but the violence that it caused in this country's history is not in keeping with my own Christian outlook of nonviolence."

Unfortunately, the levantamiento that started on June 14 with road blockades and minor protests escalated quickly. By June 17, there were protest marches of 35,000 indigenous and their supporters in Riobamba, and the military, armed with automatic weapons, lined the streets. "Please God," Sr. Pat wrote on that day while marching with the indigenous and Church pastoral workers, "let the fingers stay off the triggers and heads remain cool." On June 21, protestors, in an act of sabotage, blew up the central water main in the city.

The government responded by declaring martial law. Tanks rolled into the city, helicopters circled overhead, and all protest was halted. In other cities, the military used lethal force against protestors. The government censored news, both internally and externally, and threatened to expel all foreign missionaries. "I was frightened," Sr. Pat wrote about the government's repression. "I did not like having to carry my passport, a credit card and a list of important numbers such as the U.S. Embassy and friends who might get me out if need be, because foreign missionaries were at greater risk."

Throughout the levantamiento, Sr. Pat worked assiduously for peace by doing what the Sisters of Bon Secours affirmed in 1991-"living in solidarity with the economically poor." She marched repeatedly with the Church community in support of the indigenous cause. While many indigenous protestors carried sticks and machetes, Sr. Pat and the other church leaders came armed with songs of love and solidarity. She met daily with the local community to organize food and water rations for protestors and city residents. She carried communion to residents of the city too ill to make it to Mass. After marching for hours one day, she "helped neighbors in a minga," a small work-group of women shoveling cement for a new foundation for a house. This solidarity drew the community closer as they worked for peace. "I felt the concern of friends and family in a way I hadn't experienced before," Sr. Pat wrote. "The telephone calls, the pleadings to come stay at the other's parish house or home, the daily chats about what one has heard and the cautions to one another, the touching base of how you're holding up," all reaffirmed the Christian love that flowed through a community that was committed to a peaceful and just conclusion to the levantamiento.

A compromise came July 1, as the government stopped the implementation of the new law and agreed to work with the indigenous community on land reform. "Thank God it is over," a relieved Sr. Pat wrote.

IN MEMORY OF

sr. marie lucille summers 1930 – 2017

"Sr. Marie Lucille was an avid sports fan, rooting for Notre Dame and the Baltimore Orioles, and in her younger days played baseball and volleyball. She also loved to garden and do interior decorating and was especially captivated by mystery novels. She was known as 'Sister Smiley' as she worked to bring smiles and laughter to the world around her. She had so much to give to everyone who had the pleasure of being in her presence. She is truly missed by her Congregation," said Country Leader Sr. Rose Marie Jasinski.

Sr. Marie Lucille Summers, died on May 4, 2017, at the age of 87 from a heart attack. She grew up on a tobacco plantation in Southern Maryland and as a young girl attended schools in Baltimore and volunteered in the X-ray department of Bon Secours Hospital, where she met the Sisters of Bon Secours. She joined the Congregation in 1948 and graduated from Bon Secours Hospital School of Nursing in 1954. She professed her final vows in 1957.

Religious women had always been a presence in her life, from her teachers in Catholic school to her large Catholic family consisting of several aunts, who were members of different religious congregations. She earned an Associate of Science in medical records and worked as a nurse, medical records tech and in the pharmacy, emergency room and radiology departments of Bon Secours health care facilities in Baltimore, Maryland; Grosse Pointe, Michigan; Darby, Pennsylvania; Miami and Port Charlotte, Florida.

She moved to Florida in 1966, and spent 21 years of her ministry caring for the elderly at Villa Maria Nursing and Rehabilitation Center in Miami. Of those years she said, "Every day is full of special moments when my services are helpful to someone." She then transferred to St. Joseph Hospital in Port Charlotte, where she served as coordinator of customer relations and helped devise a system to train volunteers on ways to enhance a patient's hospital experience. In addition, Sr. Marie Lucille was a board member for the St. Joseph Foundation and the hospice and community AIDS organization, CHAPS.

In 2006, she started volunteering as coordinator for the front lobby and outpatient areas of Peace River Hospital in Port Charlotte. "Being a volunteer gave me a special feeling that truly I was where God wanted me to be; I really loved the opportunity to be able to give help where I was most needed," Sr. Marie Lucille said. She was a member of the Congregation's vocation team and the liaison for the Florida-area sisters and Associates.

In 2009, Sr. Marie Lucille moved to the Sisters of Bon Secours' Marian Hall in Marriottsville.

Sr. Marie Lucille's great grandfather, Dr. Samuel A. Mudd, set the leg of John Wilkes Booth following the assassination of President Abraham Lincoln. Over a century later, President Jimmy Carter exonerated Mudd, but the family's struggle to clear to his name continues.





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